

WELCOME GRADUATING CLASS OF 2013!

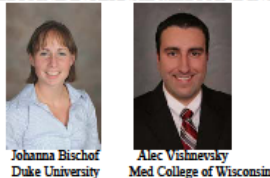
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INTERNAL MEDICINE INTERNS 2010



EMERGENCY MEDICINE/INTERNAL MEDICINE INTERNS 2010



2010 RESIDENT AND FELLOW GRADUATION

Dear Medicine Faculty,
Invitations have been delivered for the 2010 resident and fellow graduation ceremony to be held Friday, June 4, 2010. We sincerely hope to see you there. **The residents truly appreciate strong faculty attendance.**

RSVPs are due to Michelle Herbers (michelle.herbers@hmed.org) by May 14, 2010. Remember, you may use your business expense account (BEA) to cover the cost of your ticket. You may also use your account to support the department by sponsoring the cost of one or more residents. As always, your guests are very welcome; however, as in previous years, the cost of their dinner must be covered by personal check (and is tax deductible). Please send the name of your guest along with payment to **Michelle Herbers, Medicine Education, G5.114.**

Sincerely,
Dr. Anne Pereira
Medicine Residency Program Director

Managing Producer

Sandra Main

Editors

Joy Christiansen

Belinda Rogers

Dr. David Williams

STAFF UPDATES

Dr. Craig Peine assumed directorship of the Division of Gastroenterology on March 1, 2010. He is a senior highly-skilled and highly-productive gastroenterologist and teacher who will provide continued guidance and leadership to the division. His focus area is hepatology and he is known nationally for his many contributions.

Dr. Shawn Mallery stepped down as the Director of the Division of Gastroenterology on March 1, 2010. Resuming a position of staff physician will allow Dr. Mallery the time to increase his volume of EUS procedures and pursue his

passion to train fellows to perform EUS. We appreciate the leadership he provided the division over the past four years.

Dr. Teresa Barrera Anderson, Internal Medicine Residency graduate 2009, joined the Hennepin Care North Clinic fulltime in March, 2010.

Dr. Aaron Brosam, Internal Medicine Residency graduate 2007, and Research and Clinical Fellow in Gastroenterology at the University of Minnesota will join the Division of Gastroenterology the end of July, 2010.

IN THE NEWS



Dr. Douglas Pryce, Deb Boehm, RN CP, Dr. Mary Bradmiller and interpreter Abdi Ali were interviewed by CNN for its international program, *Inside Africa*. The weekly half-hour feature

program gives global viewers an insight into diverse cultural trends and perspectives beyond the headlines. Congratulations to the Somali Clinic for being selected for this project!

Dr. David Hilden's Healthy Matters radio show and podcast had a successful first year and shows no sign of slowing down in year two. The program has aired live on WCCO AM and WCCORADIO.com every Sunday morning at 7:30 a.m. for 14 consecutive months. Now the program is also broadcasting live on WLTE FM and 1029LITEFM.com on Sunday mornings, and if you miss the live broadcast you can find a podcast of the most recent and past shows at HCMC.org.

Patricia Culliton, MA, L.Ac., was highlighted in the publication *The Edge* on April 1, 2010, in an article titled "Hennepin Integrative Health Services Offers a Visionary Approach, Integrative Healing in the Twin Cities," by Pam Olson. The article focused on Pat as the founder and director of Hennepin Integrative Health Services (HIHS), one of the oldest and most successful integrative clinics in the country. Pat was hired by Dr. Fred Shapiro, former head of Hennepin Faculty Associates (HFA), as the first acupuncturist to be associated with a medical hospital in the United States. To read the complete article go to <http://soulofthecities>.

Dr. Gavin Bart was quoted in two separate articles in *Medscape Medical News* from the American Society of Addiction Medicine (ASAM) 41st Annual Medical – Scientific Conference (www.medscape.com). On April 19, 2010, The article was "Methadone Maintenance Programs May Reduce Rates of Hepatitis C" and on April 22, 2010, "Preteen Marijuana Use Linked to Comorbid Substance Abuse and Psychological Disorders."

MEETINGS AND PRESENTATIONS

Dr. Martin Stillman served as a panelist presenter for a continuing legal education course sponsored by the Minnesota State Bar Association's Health Law Section and Hamline University School of Law on March 19, 2010. The topic was "Prescription Data Privacy Laws and the First Amendment."

Dr. Maximilian Mulder (G3) attended the American College of Cardiology (ACC 2010) National Meeting from March 14-16, 2010, and presented a poster titled

"Hypothermic Therapy for Cardiac Arrest." He also gave a presentation titled "Faster, Cooler, Better? A Comparison of Two Methods for Instituting Mild Therapeutic Hypothermia in Comatose Out of Hospital Cardiac Arrest Patients."

Dr. Jason Baker was a guest lecturer in Portland Oregon for the NW AIDS Education and Training Center and Oregon Health and Science University on April 8, 2010. The title of his presentation was "Untreated HIV Infection and Cardiovascular Risk: *Can we treat our way out of it?*"



CONGRATULATIONS!



Dr. Andres Wiernik (G3) was one of six residents to receive the Humanism and Excellence in Teaching Award, voted upon by Years 3 and 4 students at the University of Minnesota. The award is in recognition for tremendous commitment to teaching and the compassion and humanism he demonstrates with patients and their families.



Dr. Martin Stillman was honored with the highly coveted 2010 Outstanding Medical School Teaching Award from the University of Minnesota. The purpose of the award is to recognize faculty who have made outstanding contributions to the education of physicians and medical students. All teaching faculty within the University of Minnesota system are eligible for this award and Dr. Stillman's

recognition reflects a tremendous accomplishment as well as the importance of our teaching mission here at HCMC.

"Like many providers both here and at the University, I share a passion for teaching. I feel very honored to be recognized among such a large number of accomplished teachers," says Dr. Stillman, who has been teaching a course in Law and Medicine to first and second year medical students at the University for the past 10 years. He received the award on Wednesday, April 21, 2010, at a reception in the University of Minnesota's Mayo Auditorium.

[HCMC Scanner]

Dr. Martin Stillman was re-elected to the HFA Board of Directors, representing Governance Group II. He will serve another 2-year term.

Greg Carlson, Executive Director, HFA Addiction Medicine Program, was named a 2010 Nyswander-Dole Award winner by the American Association for the Treatment of Opiate Dependence. This is the highest honor a health care professional can receive in the field of opiate dependence treatment. Greg was recognized for his over 40 years of significant contribution to the innovation of methadone maintenance.

Dr. Michael Belzer has been reappointed as HCMC Medical Director. He will begin his fifth five-year term next January, making him the longest serving medical director of a public hospital in the United States today.

The **HFA Alternative Medicine Clinic** has been voted "What Women Want" by the readers of the Minnesota Women's Press in their annual reader survey. Established in 1992, the program has been a national leader in setting standards for service, research and education in this growing area of health care delivery. Unbeknownst to the staff, their patients voted the clinic as the favorite clinic for complementary medicine. This honor will be announced in the May issue of the Minnesota Women's Press, accompanied by an interview with the Clinic Director, **Patricia Culliton**. The Minnesota Women's Press is read by 80,000 in-the-know women in the metro area. The Minnesota Women's Press states that their readers are informed, educated and very discerning about the goods and services they purchase, so this is a great honor!

HCMC CEO Dr. Art Gonzalez and colleagues at a cafeteria musical concert on March 25, 2010, celebrated the great work that many units and clinics did to improve the patient experience at HCMC. The 2009 Service Star units and clinics named included: **Cardiology Clinic, Cancer Center, and Senior Care Clinic.**

Recent MMRF Grant Awardees:

Dr. Richard Grimm, TZD Use and Discontinuation: Effects on Cortical and Trabecular Bone at the Radius and Tibia and on Bone Turnover. Funding Source: University of California SF/GSK.

Dr. Bertram Kasiske, Long-term Deterioration of Kidney Allograft Function - Year 6 Extension. Funding Source: University of Minnesota / NIH.

Karin Sabey, BSc, (Positive Care Center), Case Management Grant - Hennepin County - Inreach Services Hennepin County / DHHS Ryan White.

IM Newsletter is a bimonthly publication from the HCMC Department of Medicine.

Please forward any inquiries, corrections, comments or items you have for our next issue to: sandra.main@hcmed.org.

MORE CONGRATULATIONS!

In March 2010, MMRF researcher **Daniel Keyler, Pharm.D.**, was honored by the University of Minnesota College of Pharmacy by having been nominated to be the annual Samuel W. Melendy Lecturer. Previous recipients of this award and prestigious lectureship have included University Deans, Vice President of the United States, Hubert H. Humphrey, and George Hitchings, Nobel Laureate in Medicine 1988.



The Melendy Lecture was established with funds donated by Samuel W. Melendy to promote the scientific, ethical, and professional aspects of pharmacy. The first Melendy Lecture was given in 1943.

In his lecture to Pharmacy students and faculty, and other health science students and faculty, Dr. Keyler discussed his career in pharmacology and toxicology. Along with his

Pharm.D., he is an internationally recognized expert in toxinology, the area of toxicology specializing in plant and animal venoms. Dr. Keyler discussed how his academic, professional, and personal backgrounds led him to his unique career as a Pharm.D. and toxinology expert.

Dr. Keyler is contacted often to give his expert opinion when people are poisoned with dangerous plant and animal toxins, with a special emphasis on venomous snakes and snakebite treatment. In his discussion, he entertained the room by telling stories of how he has been contacted to share his expert knowledge with individuals ranging from 1) a White House official in need of antivenom for the president's international activities and 2) satellite phone call from a military physician in Iraq while in a tank traveling in the desert, who was in need of information concerning the envenomation effects of desert sand vipers.

He encouraged students and faculty to be open-minded, explore unique career opportunities, and pursue their passions, an approach which has helped Dr. Keyler lead a fascinating career.

[MMRF Scope]

RECENT GUEST SPEAKERS IN THE DEPARTMENT OF MEDICINE

Thursday, March 18, 2010 Medicine Grand Rounds.

Dr. Frank Q. Nuttall, Chief, Metabolic/Endocrine Section, Professor of Medicine, University of Minnesota. "The Body Mass Index (BMI) Its Utility and Limitations."

Tuesday, March 30, 2010 International Medicine

Conference. Dr. William G. Gamble, Department of Surgery, University of Minnesota. "Medical Volunteerism in the Developing World."

Thursday, April 1, 2010 Resident Alumnus of the Year.

Dr. Hernando Gonzalez, Gastroenterologist, Associate Professor at UCIMED, Costa Rica. "Gastric Cancer in Costa Rica and its Relationship with Helicobacter Pylori and Intestinal Metaplasia."



Thursday, April 8, 2010 Medicine Grand Rounds.

Dr. Hollis Krug, Associate Professor of Medicine, University of Minnesota, Staff Rheumatologist, VA Medical Center, Minneapolis, Minnesota. "Fibromyalgia and Other Chronic Pain Syndromes: A Potpourri of Neuropathophysiology."

Thursday, April 15, 2010 Medicine Grand Rounds.

Dr. George Sarois, VA Medical Center, Minneapolis, Minnesota. "Medical Education, Medical Economics and the RVU Trap."

Thursday, April 29, 2010 Medicine

Grand Rounds. Dr. Nirav Shah, Assistant Professor of Medicine New York University School of Medicine. "Cardiovascular Disease and Chronic Kidney Disease: An EPIC Perspective."

IN CONCERT

Dr. Mark Linzer and other HCMC musicians (Mike Pattison, Dr. Dean Tsukayama, Joy Christiansen and Dr. Martin Stillman, among others) performed a special benefit concert at Trotter's Café and Bakery located at 232 Cleveland Ave. N. in St. Paul on Saturday, March 27, 2010, from 6-8pm. We tapped our feet to songs by James Taylor, Simon & Garfunkel, Carlos Santana and others

while enjoying the café's great food and "sweet ambience." Dr. Linzer composed a special song for Dick Trotter, the owner, while Dr. Scott Davies and others provided a warm tribute to why we feel privileged to work at HCMC. The night brought in \$1000 for the Hennepin Health Foundation.





PUBLICATIONS

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ADMINISTRATIVE STAFF RECOGNITION

Congratulations to the following Administrative Staff on recognition of their years of service in the Department of Medicine:

Rosemary Tricola, 2 years of Administrative Support in the Palliative Medicine, Hospitalist Services, and Rheumatology Division of the Department of Medicine.



NEW ARRIVALS



Dr. Muhammad Talha Khan (G3) and his wife Semi welcomed the birth of their son, Umar Muhammad Khan on April 2, 2010, weighing 7 pounds, 6 ounces, and 20 inches long.



SOCIETY FOR GENERAL INTERNAL MEDICINE (SGIM) ANNUAL MEETING

On April 28-May 1, 2010, the SGIM held its 33rd Annual Meeting at the Minneapolis Convention Center, Minneapolis, Minnesota. The theme of the meeting was: *Value(s)-Based Generalism: THE TIME IS NOW!*

HCMC Medicine Department faculty helped organize, host, facilitate and served as speakers, panel leaders, and discussion moderators. Presentations, panels, and discussions included:

Dr. Mark Linzer, "Safety Net Hospitals" (ACGIM Institute Table Discussion), "So You Want to be a Leader in General Medicine" (ACGIM Panel discussion)

Drs. Douglas Pryce, Dean Tsukayama, "New CDC Guidelines on Screening Refugees"

Dr. Gavin Bart, "What Should the Internist Know about Methadone Maintenance"

Drs. Tseganesh Selameab and Ellen Coffey, "Healing the Hurting: Torture Survivors in Healthcare"

Dr. Ellen Coffey, "Working with Patients and Families Who Want Everything"

Drs. Ellen Coffey, Dan Fulton (G1) and Sara Loritz (G1), "The Skin-ny Pressure Ulcers – Prevention, Recognition, Management"

Dr. Melody Mendiola, "Women's Caucus" and "Acute Medical Issues in Pregnancy for the Hospitalist"

Dr. Peter Weissmann, "Teaching Literature and Medicine to Medical Residents" and "New Paradigms for Continuity Clinic Practice in Residency Training"

Dr. Mark Linzer, "Research on Careers"

Drs. Sam Ives and Mark Linzer, "Unknown Medical Vignette." Case presentation where the moderator asked the discussant their opinions on the case. **Dr. Ives** did a great job in a role often filled by more senior physicians.

Dr. Mark Stephany (G1), was part of a panel at the workshop, "Tune into WIFM: What's in it for Me? How Faculty Can Encourage Future Careers in GIM."

Other residents in attendance included:

Drs. Michael Lawson (G1) and **Carl Dean** (G1).

Rick Dunn, Drs. Martin Stillman, and Leslie Surbeck attended the Association of Chiefs in General Internal Medicine (ACGIM) meetings. The members of the ACGIM presented the GIM Chief's Recognition Award to Dr. Russ Phillips from Harvard; the award is endowed in the name of Morton Linzer, **Dr. Mark Linzer's** father, who passed away last year. Dr. Linzer made this donation in his father's honor.

A tour of the International Medicine Clinic was provided on Thursday by clinic faculty, **Drs. Douglas Pryce, Craig Garrett, Tseganesh Selameab, Carmen Divertie, Dean Tsukayama**, Mary Bradmiller, and Deb Boehm, RN CP.

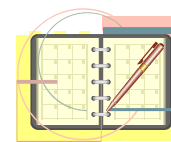
Dr. Peter Weissmann presented 2 Medical Innovations Posters, "Increasing Interns' Confidence with Difficult Patient Conversations," and "A Double-Sided Mirror for Reflecting on Communication and Teaching Skills"

Music at SGIM Café was provided on Thursday evening by **Dr. Steven Hillson's** group, *Parallel Text*, and on Friday evening, **Dr. Mark Linzer** brought *The Unallotments*, Mike Pattison, Charles Esler, **Drs. Dean Tsukayama, Steve Hillson**, Don Jacobs, and Rick Odlund. Vocals were provided by Twanya Hood Hill, Jean Kelly, **Joy Christiansen** and **Dr. Megan Walsh**.

Also spotted at the meeting were HCMC Medicine Department alumni, Dr. Nicole Lurie, Assistant Secretary for Preparedness and Response/US Department of Health and Human Services, Dr. Kari Nelson, University of Washington/Veteran's Administration, Dr. Erin O'Fallon, Beth Israel in Boston, and Dr. Heidi Coplin, who along with **Dr. Ellen Coffey**, managed the local host committee.

MARK YOUR CALENDARS.....

Monday, May 10, 2010, 12th Annual Robert Hebbel Medicine Research Day, University of Minnesota, Poster Session 4:00 – 7:00 PM at the Great Hall - Coffman Memorial Union, University of Minnesota, Minneapolis, Minnesota.



Friday, June 4, 2010, Department of Medicine Resident and Fellow Graduation Ceremony and Banquet at the Golden Valley Country Club, Golden Valley, Minnesota.