



Trotter's Cafe HCMC Benefit

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Dr. Mark Linzer has been at HCMC since October 15, 2009, and he's already "up to something good!" On Saturday, November 28, 2009, with the help of **Dr. Ellen Coffey** and Emily Fuerste, Vice President for Philanthropy at HCMC, he organized a musical benefit night at Trotter's Cafe in Saint Paul, Minnesota. The cozy and welcoming coffee shop was packed as the band played soft 60's songs, bossa nova, blues and folk. Performers included Drs. Mark Linzer and Eduardo Colon on acoustic guitar and **Drs. Steve Hillson** and Fred Hall on trumpet. The locals said, "Please come back!" The benefit raised \$375, which was matched by Dr. Linzer for a total of \$750. What a grand night of music and goodwill for HCMC. Proceeds were given to the Hennepin Health Foundation. Keep your musical ear tuned for more to come!!!



Top photo:
Drs. Mark Linzer,
Fred Hall, and
Steve Hillson.



Bottom photo:
Drs. Mark Linzer and
Eduardo Colon.

Will You Lose?

HCMC is launching a website to keep the conversation going about what is at stake if Minnesota shifts the cost of providing care for its poorest residents to Hennepin County Medical Center.

At willyoulose.org you can:

Learn more about our many statewide roles and responsibilities.

Tell your story about how Hennepin has made a difference in your life or the life of someone you know.

Watch the video *The General* to see where we came from.

Sign up for our e-list to receive updates as we get closer to the legislative session.

Thanks to the Hennepin Health Foundation for providing the funds to create this site. Now it's up to all of us to spread the word to others and get them involved. If you're active on social media sites from home, we've created pages on Facebook, YouTube, and a Twitter page to keep the conversation going.

In the coming weeks we'll be adding some original videos and we'll add other content to keep the site interesting.

Please share the link with your friends, family, and others who are interested in the mission of Hennepin County Medical Center. [Tom Hayes, Public Relations Director at HCMC]

Managing Producer

Sandra Main

Editors

Joy Christiansen

Belinda Rogers

Dr. David Williams

CONGRATULATIONS!

The University of Minnesota, Department of Medicine's Annual Fall Faculty Recognition Reception was held on Thursday, September 10, 2009, at the Coffman Memorial Union Campus Club West Wing. HCMC faculty were recognized in the following categories:

Recognition of Outstanding Service

Dr. Lawrence Kerzner, Association of Specialty Professors, President Elect.

Dr. Anne Pereira, Association of Program Directors of Internal Medicine, Councillor.

Educational Awards

Dr. Meghan Walsh, Residency Program Teacher of the Year.

HCMC Educational Excellence Awards

Dr. Richard Asinger, Yang Wang Lifetime Educator Award, University of Minnesota Cardiology Fellowship.

Dr. Thomas Stillman, Special Recognition Award, University of Minnesota Cardiology Fellowship.

Dr. Woubeshet Ayenew, Teacher of the Year Award, University of Minnesota Cardiology Fellowship.

Clinical Excellence Awards

Dr. Douglas Pryce, Clinical Excellence Award.

Research Excellence Awards

Dr. Paul Pentel, Basic Research, Research Excellence Award.

National or International Recognition for

Outstanding Academic Achievement, Election to

National Research Societies & Leadership of

National Subspecialty Societies

Dr. Gavin Bart, Minnesota Society of Addiction Medicine, President.

New Division Directors & Section Heads

Dr. Leslie Surbeck, Hospitalists Program Director

Promotions as of July 1, 2009

Dr. Thomas Stillman, Professor (Teaching Track)

CONGRATULATIONS RECENT MMRF GRANT AWARDEES



Dr. Mark Linzer was recently awarded an R18 grant through MMRF from the Agency for Healthcare Research and Quality (AHRQ) for \$835,000 over three years to study work conditions in primary care. The grant is a randomized clinical trial of Quality

Improvement (QI) interventions to change the

work environment and assess the impact on physicians and patients. His research will study work conditions including: time pressure during office visits, lack of work control, chaotic or fast-paced workplaces, and lack of alignment of values between clinicians and their leaders. The study will take place in Marshfield, Wisconsin; Chicago, Illinois; and New York City, New York.



Dr. Bradley Bart, Lexiscan (Regadenoson) Injection. Funding Source: Astellas Pharma US, Inc.



Dr. Paul Pentel, Laser Adjuvants for Nicotine Vaccines. Funding Source: MassGen/NIH.

Dr. Paul Pentel, Immunization to Block the Effects of Nicotine - ARRA Administrative Supplement. Funding Source: NIH/NIDA.

Dr. Paul Pentel, Immunization to Block the Effects of Nicotine ARRA Competitive Supplement. Funding Source: NIH/NIDA.



Dr. Dean Tsukayama, Diagnosis of Latent Tuberculosis in HIV-Infected Patients. Funding Source: Oxford Immunotec, Inc.

MORE CONGRATULATIONS!

HCMC was the first hospital in North America to enroll a patient in a trial of acute decompensated heart failure using CDNP - a new experimental compound with vasodilatory and natriuretic properties. Patients hospitalized with decompensated heart failure and evidence of volume overload

are administered an intravenous infusion of study drug within 24 hours of hospitalization. Please contact our research coordinators if you think you might have identified a qualified patient at 612.803.2106.

[Dr. Bradley Bart]

STAFF UPDATES

Please welcome to the Department of Medicine:

Sara Poplau joined the Division of General Internal Medicine on December 1, 2009, as a Project Director/Research Coordinator. She has worked for the past 5 years as Project Coordinator for the Minneapolis HIV/Latino network. This new position will be supported equally by the federal agency (AHRQ) that funds our new "Healthy Workplace" grant, MMRF, and the Department of Medicine. Sara will direct, with Dr. Mark Linzer, the Healthy



Workplace project, a randomized trial to improve work conditions in primary care offices in Marshfield, WI, Chicago, IL, and New York, NY. She will also support faculty promotions, work with faculty in developing their scholarly activities, and organize a city-wide health services research consortium with the VA, the U of M and HealthPartners.

Departures:

Dr. Gregory Lucas Silvis left the Division of General Internal Medicine on November 30, 2009.

IN THE NEWS



Dr. Conrad Iber was interviewed on Minnesota Public Radio's *All Things Considered* on December 8, 2009, for a piece on, "H1N1 cases lead to jump in pneumonia cases." According to Dr. Iber, severe pneumonias were very common in HCMC's intensive care unit this fall. Just a few weeks ago half of the unit's 36 beds were filled with H1N1 pneumonia patients on ventilators. Most of those

ICU patients were young adults and middle-aged people. "We have several people who have been on a breathing machine for well over a month because of the severity of their pneumonia," said Dr. Iber. Severe pneumonia ravages the lungs. "There's so much damage to the lining of the airways in some cases that the injury resembles chronic conditions where there's loss of cilia, conditions like cystic fibrosis," said Dr. Iber.



Dr. Kevin Larsen was interviewed on Fox 9 News on December 10, 2009, for a piece titled, "Harvard Study: Uninsured Die More Often in Hospitals," from the Health Care Safety Net Talk at the Minnesota Capitol. Dr. Larsen helped create a new HCMC website that sheds light on the issue of lack of medical for uninsured patients. The website is called willyoulose.org. It highlights what life will be like for the uninsured when

\$44 million of General Assistance Medical Care is cut in March. A total of 35,000 people making less than \$8,000 a



Dr. Fouad Bachour was interviewed on KARE 11 News on December 11, 2009, in a piece entitled, "Both suffered heart attacks, saved by 'AED' machine," about two local men in great physical condition who suffered heart attacks on the same afternoon while playing racquetball and tennis at the University of Minnesota Recreation Center.

"Very busy Tuesday," Dr. Bachour said. He stressed how important it is to have a perfect system in place to maximize efficiency during an emergency. "And now what we have is someone who will enjoy retirement with friends and loved ones," stated Dr. Bachour. Surviving the same scare could have started a new friendship, and you never know, a possible matchup on the court, someday.

[Copyright 2009 by KARE 11]

CARDIOLOGY CLINIC AT HENNEPIN CARE NORTH

The Cardiology Division and the Hennepin Heart Center are pleased to announce the beginning of the Cardiology Clinic at Hennepin Care North. We are looking forward to extending cardiovascular services to this underserved patient population many of whom are not comfortable traveling downtown to HCMC. This clinic begins in January 2010 and will be on the second and fourth Mondays of each month.



PUBLICATIONS

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MEETINGS & PRESENTATIONS

Drs. Allan Collins, Melody Mendiola, along with **Dr. Charles Smith,** the program chair, and multiple HCMC alumni provided the faculty for the National Kidney Foundation's first meeting on Chronic Kidney Disease in the 21st Century for Primary Care Providers on November 14, 2009, at the Campus Club at the University of Minnesota. Watch for the sequel next fall!

Drs. Gautum Shroff and **Charles Herzog** presented an abstract oral presentation at the American Heart Association

Scientific Session, November 15-17, 2009 in Orlando, Florida, titled, "Anti-thrombotic and anti-platelet therapies for acute myocardial infarction in dialysis patients: a collaborative project of the United States Renal Data System and National Registry of Myocardial Infarction."

Dr. Charles Herzog also presented a poster at this meeting titled, "Long-term survival and repeat revascularization in US dialysis patients after surgical versus percutaneous coronary intervention."

RECENT GUEST SPEAKERS IN THE DEPARTMENT OF MEDICINE

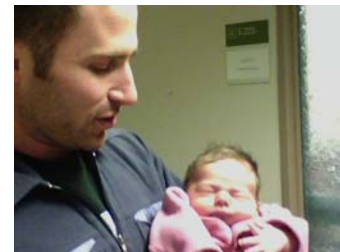
Thursday, November 19, 2009 Medicine Grand Rounds. HCMC Department of Medicine hosted zAmya Theater Project's production "Housed and Homeless (From the Very Same Cup) which was during Hunger and Homelessness Awareness Week.



Thursday, December 17, 2009 Medicine Grand Rounds. Dr. John R. Lake, Professor of Medicine, Director, Liver Transplant Program, University of Minnesota, Minneapolis, Minnesota. "Liver Transplant for Hepatitis B: A Great Success Story."

NEW ARRIVALS

Dr. Aaron Rutzick and his wife Abby Fenton welcomed the birth of their daughter Ruby Spiro Rutzick on December 5, 2009. She was 7 pounds, 8 ounces, and 22 inches long at birth. A luncker! (She'll enjoy being average for height and weight until her genes realize who she was born to, per her dad.) Ruby's middle name, Spiro, is a loving memorial to a close friend of Dr. Rutzick's who past away earlier in the year.



INTERNATIONAL NIH-FUNDED H1N1 STUDY ON PATIENTS



Dr. Jason Baker is the HCMC site PI for an international NIH-funded H1N1 (novel influenza) study that HCMC will be participating in, on patients admitted during January and February 2010. The title of the study is, "An international observational study to characterize adults who are hospitalized with complications of Influenza A –

Pandemic H1N1 (H1N1v)." The study is supported by the National Institute of Allergy and Infectious Disease (NIAID), National Institutes of Health (NIH), and carried out by the International Network for Strategic Initiatives in Global HIV Trials (INSIGHT). The eligibility criteria include hospitalized patients with a confirmed or suspected diagnosis of Influenza A. **Dr. Baker will be coming soon to discuss the study with the HCMC inpatient ward teams!**

ADMINISTRATIVE STAFF RECOGNITION

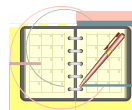
Congratulations to the following Administrative Staff on recognition of their years of service in the Department of Medicine and the Hospital:

Sandra Main, Assistant Chief and Chief of Medicine Office, 9 Years of Service, November 6, 2009

Sandy Robinson, Medicine Education Program, 9 Years of Service, December 1, 2009



MARK YOUR CALENDARS.....



Don't miss these important dates!

April 1, 2010, Dr. Hernando Gonzales will be a visiting professor in the Department of Medicine as the HCMC Department of Medicine Alumnus of the Year.

April 28-May 1, 2010, SGIM 33rd Annual Meeting, Minneapolis Convention Center, Minneapolis, Minnesota. *Value(s)-Based Generalism: THE TIME IS NOW!*

The SGIM 33rd Annual Meeting will present you with information aimed at achieving high value(s) in health care. This meeting is being planned to provide you with a tremendous opportunity to learn how we can work together to move our field forward in this time of opportunity and change and to realize our goals. We hope you find everything you need to know about the meeting through this website www.sгим.org. It is part of our planning a "Greener" meeting.

Come to Minneapolis in 2010 to be challenged, excited and feel the joy and passion for the work we do!

The submission of abstracts, vignettes and innovations is now open. Go to www.sгим.org.

IM Newsletter is a bimonthly publication from the HCMC Department of Medicine. Please forward any inquiries, corrections, comments or items you have for our next issue to: sandra.main@hcmcd.org.