



The Alvin L Schultz 21st Visiting Professor in Medicine

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On October 8, 2009, Dr. Jeffrey Wiese, Professor of Medicine and Associate Dean for Graduate Medical Education at Tulane University, joined us as the 21st Schultz Visiting Professor.

Dr. Wiese, the internal medicine residency program director at Tulane University, holds national leadership positions in the Association of Program Directors of Internal Medicine and the Society of Hospital Medicine. He is recognized for his efforts in developing an academic focus in the hospitalist movement and chairs the question writing committee for the new ABIM Maintenance of Certification Examination for Hospitalist Medicine.



Dr. Jeffrey Wiese

During his visit, Dr. Wiese participated in the resident morning report, met with residents and faculty, and presented a Grand Rounds entitled, "Ten Movable Objects," arguing for the need to transform the delivery of residency education in the current environment. He ended his day-long visit at dinner with a group of faculty and residents at Restaurant Alma.

Dr. Wiese combined his visit as the featured speaker at the Minneapolis Society of Internal Medicine (MSIM) quarterly dinner where he spoke about the growth and development of the specialty of hospitalist medicine.

[Dr. Anne Pereira, Director, Medical Education Program]

Keep Dr. Schultz's Education and Research Legacy Going!

Consider a donation to the Alvin L. Schultz Education and Research Fund (MMRF #4987) for the upcoming year.

This fund has become increasingly important to the Department in helping residents to present their research at regional and national scientific meetings, as well as providing funding for 3 residents each year to have an off-campus experience, either in the U.S. or at designated international sites.

Over the last several years, we have actually funneled most of the resources of the fund to support resident activities. A few years ago we reduced the number of visiting professors (because of concerns that our expenditure exceeded our income) from 4 to 2.

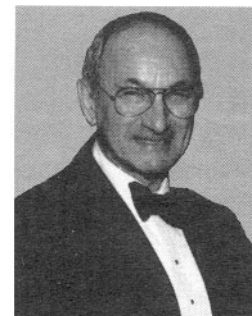
Currently we fund an Annual Schultz Visiting Professorship and a Distinguished HCMC Alumnus of the Year.

We have increasingly relied upon faculty and our alumni to maintain this fund. We no longer have access to gifts from pharmaceutical companies.

We thank all of you who have donated over the years, and hope that you will continue your contributions into the future. For colleagues who have not participated in this fund in the past, we would encourage you to help sustain the important education and research activities of our residents.

For those of you with surplus funds in your HFA BEA at the end of 2009, this is a great opportunity to transfer those unused and otherwise forfeited dollars to the Schultz Fund.

[Dr. David Williams, Assistant Chief of Medicine]



Dr. Alvin L. Schultz

Managing Producer

Sandra Main

Editors

Joy Christiansen

Belinda Rogers

Dr. David Williams

CONGRATULATIONS!

Dr. Anne Murray has been appointed by Governor Tim Pawlenty as a Public Member to the Alzheimer's Disease Working Group. The appointment was effective August 31, 2009 and will expire on January 15, 2011. The working group was created by the 2009 Legislature (Laws of Minnesota 2009, Chapter 159, Section 110) to examine the array of needs of individuals diagnosed with Alzheimer's disease, services available to meet those needs, and the capacity of the State of Minnesota and current providers to meet these and future needs.

The 20-member Alzheimer's Disease Working Group includes appointments made by the Minnesota Board on Aging, who will coordinate the working group's efforts, and two members appointed by the Governor. The working group is required to submit a report and its recommendations to the Governor and the Legislature by January 15, 2011.

Dr. Jason Baker was elected to the Great Lakes Steering Committee, American Academy of HIV Medicine (AAHIVM) in October, 2009.

Greg Carlson, Executive Director of Addiction Medicine Program, was the recipient of the 2009 Minnesota Association of Resources for Recovery and Chemical Health President's Award. This is Minnesota's alcohol and drug treatment community's highest award. Congratulations Greg for 40 years of distinguished advancements in the field.

Dr. David Williams has been named a Master of the American College of Physicians. This is a very high honor given to a very select group of distinguished physicians, reflecting decades of work and achievement. The Minnesota ACP Chapter is very proud to have 3 Mastership inductees. Dr. Williams along with Drs. Morie Gertz and Rick Nishimura (both from the Mayo Clinic) will be formally inducted as Masters of the College at Internal Medicine 2010 which will be held April 22-24, 2010, in Toronto, Canada.

MORE CONGRATULATIONS!

Recent MMRF Grant Awardees:



Dr. Jason Baker, University of Minnesota
K12 Career Development Award - Non
Competing Continuation. Funding
Source: U of MN/NIH



Dr. Paul Pentel, Multivalent Vaccine for
Opiate Addiction - Non Competing
Continuation. Funding Source: NIH/NIDA



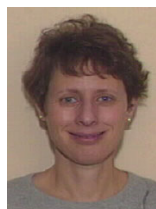
Dr. Richard Grimm, ASPREE (ASpirin
in Reducing Events in the Elderly).
Funding Source: NIH/NIA



Dr. Ronald Schut, SPNS: iMAC2 Clinic
Data Mart Project. Funding Source: HRSA



Dr. Ajay Israni, Genomics of Kidney
Transplantation Supplement (Recovery Act
Funds). Funding Source: U of MN/NIH



Dr. Barbara Segal, Work Disability, Lost
Productivity and Associated Risk Factors in
Patients Diagnosed with Lupus. Funding
Source: Harris/Genentech



Mark Lesage, PhD, Determinants of
Nicotine Reinforcement Thresholds and
Demand Elasticity in Rats. Funding
Source: NIH/NIDA

Dr. Wendy St. Peter, SHIRE Master Agreement - Work
Order #1 - Lanthanum Carbonate. Funding Source: Shire
Development Inc.

DIVISIONAL HIGHLIGHTS: ADDICTION MEDICINE

This is a new feature that will be included in the bimonthly IM Newsletter highlighting an individual Division within the Department of Medicine.

You don't have to be at Hennepin for long before you realize that much of the care we provide is to patients with problems caused or complicated by the use of alcohol, tobacco, and other drugs. In fact, at any given time about one third of all non-psychiatric inpatients are here because of a substance use disorder. Fortunately, the Department of Medicine is one of the few in the country to house a division of addiction medicine. Traditionally, the purview of psychiatry, addiction medicine is a fast growing part of internal medicine that provides diagnosis and treatment of substance use disorders and their medical consequences. In addition to the diagnosis and treatment of addictions, the management of acute withdrawal in the setting of complex medical illness, treatment of HIV and hepatitis C infections, and primary care to those with substance use disorders are but a few areas open to the addiction specialist.

Drs. Gavin Bart, Charles Reznikoff, and Milton Bullock may be the visible faces of addiction medicine in the hospital, but the entire division consists of over 25 nurses, counselors,

and administrative coordinators. This team logged over 190,000 patient visits last year, making it almost twice as busy as the next busiest part of HCMC (our Emergency Department). The Division of Addiction Medicine at HCMC currently provides outpatient treatment for opiate addiction and alcoholism. This includes the combination of both behavioral and pharmacological treatments.



Addiction Medicine Staff. Photo courtesy of Marie Stifter, RN

We also have a specially focused day program for Hmong with substance use disorders. Looking forward to 2010, the division hopes to form an inpatient consultation service that will provide coordinated addiction physician, counselor, and Rule 25 assessor input into patient care and treatment recommendations. This would also serve as a platform to increase teaching

opportunities for residents and medical students wishing to learn more about the exciting specialty of addiction medicine.

In the meantime, if you have outpatient referrals, please contact our intake coordinator at 612-347-0926. And don't hesitate to curbside any of our physicians with your questions.

[Dr. Gavin Bart, Division Director, Addiction Medicine]

RECENT GUEST SPEAKERS IN THE DEPARTMENT OF MEDICINE

Thursday, September 24, 2009 Medicine Grand Rounds. Dr. Jeff Schiff, Medical Director, Minnesota Health Care Program, General Assistance Medical Care, SCHIP Program, Minnesota Care, Division Director Health Service Medical Management, Minnesota Department of Health. "Implementing Health Care Home in Minnesota: Pipedream or New Reality."

Thursday, October 1, 2009 Medicine Grand Rounds. Dr. Dawn Miller, Professor of Medicine, Professor of Pediatrics, Mayo Clinic Transplant Center, Rochester, Minnesota. "The Primary Hyperoxalurias: Realizing the Promise of Genomics."

Thursday, October 9, 2009 Alvin L Schultz Visiting Professorship. Dr. Jeffrey Wiese, Professor of Medicine and Associate Dean for Graduate Medical Education at Tulane University, New Orleans, Louisiana. "Ten Movable Objects,"

Thursday, October 29, 2009 Medicine Grand Rounds. Dr. Stephen K. Shuman, Associate Professor and Director Oral Health Services for Older Adults Program, University of Minnesota, Minneapolis, Minnesota. "The Medical-Dental Connection in Geriatric Oral Health."



STAFF UPDATES

Farewell and Welcome:

General Medicine Service Office

A very special thank you to administrative assistant, **Kris Troska**, in the General Medicine Division. We appreciate all your hard work the last 2 years in the Department of Medicine and wish you well as you seek new endeavors.



Kris Troska & Rhoda Chaffe

The administrative assistant "baton switch" occurred on Monday, October 19, 2009, when **Rhoda Chaffe** took over Kris' position. A hearty welcome to Rhoda, who comes to us from a 4-year assignment at HFA Anesthesiology. We're so glad you're part of our team.

[Joy Christiansen, Division of General Medicine]

IN THE NEWS

Dr. Douglas Pryce and **Deb Boehm** were featured in a story on WCCO television, on September 5, 2009, entitled: "Minneapolis Clinic Caters To Needs Of Immigrants." HCMC has several clinics geared toward Minnesota's large Russian, Hispanic and Somali populations. The clinics have been steadily growing since their opening in 1996. The Somali Clinic sees about 700 Somali patients every year. Deborah Boehm, a nurse at the Somali Clinic, says it's the highlight of her week to work in the Somali Clinic.

"We have a little bit more luxury of time with patients and a deep understanding of the culture and the community that our patients have come from and are currently living in," said Boehm. "For routine things like medical care, it is generally more appropriate for Somali women to have a female provider," said Dr. Pryce.

The work can be challenging for doctors who often have to treat diseases and ailments that they do not normally see in Minnesota; (10%) of people from East Africa usually have chronic Hepatitis B and intestinal parasites.

There is a huge need for a psychologist. The population they see has universally been traumatized by leaving their country of origin, living in refugee camps, and then moving to the United States.

"We have a mission to keep people well and to help them smoothly assimilate by helping them go to school, work, and to pay taxes and be part of the team," said Dr. Pryce.

The Somali Clinic is open on Monday and Tuesday from 1pm to 4:30pm. The Russian Clinic is open on Monday from 1pm to 4:30pm, and the Spanish Clinic is open all day Monday from 8am to 4:30pm and Friday afternoons from 1pm to 4:30pm.

[Sonya Goins, Producer, WCCO TV]

Dr. Scott Davies was interviewed on Minnesota Public Radio on October 16, 2009, on the topic entitled, "Groups race to find replacement medical care for poor." Dr. Davies commented that, "GAMC is already cost efficient, and general healthcare only gets so cheap." He said, "It's not like dental care, where people who can't afford teeth implants, get dentures."

"The trouble is, in medicine there is no equivalent for dentures," he said. "If you have a heart attack, you have to have the same treatment. If you have leukemia or if you have breast cancer, you have to have the same treatment. There is not a denture option for this thing."

HCMC faces a \$43 million shortfall next year without GAMC funding. Davies and other advocates agree any new program that provides coverage for GAMC patients would be better than none at all.

[[Rupa Shenoy](#), Minnesota Public Radio]

ADMINISTRATIVE STAFF RECOGNITION

Congratulations to the following Administrative Staff on recognition of their years of service in the Department of Medicine and the Hospital:

Megan Pollard, Medicine Education Division, 1 Years of Service, September 2, 2009

Sherli Wafer, Gastroenterology Division, 2 Years of Service, September 3, 2009

Kris Troska, General Medicine Division, 2 Years of Service, September 10, 2009

Michelle Herbers, Medicine Education Coordinator, 20 Years of Service, September 11, 2009

Mary Schuefftan, Geriatric Medicine Divisions, 2 Years of Service, October 1, 2009





PUBLICATIONS

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Henry K. Internal medicine/primary care reminder: what are the standards of care for HIV-positive patients aged 50 years and older? *Curr HIV/AIDS Reports*. 2009;6(3):153-161.

Iber C, Wang K. Cardiac Monitoring During Sleep. *Sleep Med Clin*. 2009;4(3):373-384.

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Kinney TP, **Li R**, **Gupta K**, **Mallery S**, Hunter D, Jensen E, Vickers S, Freeman ML. Therapeutic pancreatic endoscopy after Whipple resection requires rendezvous access. *Endoscopy*. 2009;41(10):898-901.

Kleinclauss F, Fauda M, Sutherland DER, Kleinclauss C, Gruessner RW, Matas AJ, **Kasiske BL**, Humar A, Kandaswamy R, Kaul S, Gruessner AC. Pancreas after living donor kidney transplants in diabetic patients: Impact on long term kidney graft function. *Clin Transpl*. 2009;23(4):437-446.

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Mehrpour O, **Keyler D**, Shadnia S. Comment on Aluminum and zinc phosphide poisoning. *Clin Toxicol*. 2009;47(8):838-839.

Murray AM. The brain and kidney connection: a model of accelerated vascular cognitive impairment. *Neurology*. 2009;73(12):916-917.

MEETINGS & PRESENTATIONS

Dr. Manuel Berzosa, Internal Medicine Chief Resident, presented 2 posters in Barcelona, Spain, at the 3rd European Meeting of Egeus and EUS Cytopathology Group on September 17, 2009. His posters were entitled: "EUS in the Intensive Care Unit" and "Diagnosis of Histoplasmosis."

Dr. Jason Baker presented a paper for the INSIGHT SMART study group, "Levels of Inflammatory and Coagulation Markers After Starting Antiretroviral Therapy," at the 47th Annual Meeting of Infectious Disease Society of America (IDSA) in Philadelphia, Pennsylvania, on October 29, 2009.

MINNESOTA CHAPTER, AMERICAN COLLEGE OF PHYSICIANS

The 2009 Minnesota Chapter of the American College of Physicians Scientific Meeting was held on October 30, 2009, at the Kahler Grand Hotel in Rochester, Minnesota. **Drs. Steven Hillson and Sam Ives** gave a presentation in the afternoon titled, "Update in General Internal Medicine."

The afternoon session was capped off with the Associate and Medical Student Poster session. HCMC had great representation in the poster competition. The HCMC associate poster presenters included: **Drs. Jorge Brenes, Charles Bruen, Nurin Dashoush, Carl Dean, Caitlin Eccles-Radtke, Maria Pia Franco, Dan Fulton, Umesh Goswami, Jeff Johnson, Abdul Khan, Ameer Khawaja, Andrew Kummer, Abdullah Ladha, JoAn Laes, Sara Loritz, Maximilian Mulder, David Newman, Travis Olives, Andrea Olson, Alex Ramirez, Manoj Ray, Tauseef Ur**



Dr. Umesh Goswami's poster, "Watch out when you place a PIC line" was one of five Clinical Vignette Finalists.

Congratulations to all the poster competition participants. The Department of Medicine had a record number of 36 poster submissions, many of them from the G1 class. Special thanks to the residents who stayed in Minneapolis to cover services so colleagues could travel to Rochester to present their posters.

HCMC Medicine faculty who served as judges for the poster session, included: **Drs. Cristina Baker, Sarah Kesler, David Williams, Anne Pereira, Ellen Coffey, Aaron Rutzick, Meghan Walsh, Kevin Larsen, Clara Zamorano, and David Hilden.** Again, **Dr. Charlie Reznikoff** did a great job of organizing the poster session that included 156 posters from residency program at Abbott Northwestern Hospital, Hennepin County Medical Center, Mayo Clinic, and the University of Minnesota Medical School.



Drs. Jorge Brenes, Umesh Goswami, Surbhi Shah, Durin Dashoush, and Dan Fulton

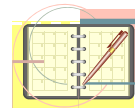
Rehamn, Karamjeet Sandhu, Surbhi Shah, Dipi Sharma, Alok Sharma, Mark Stephany, Robert Thompson, Jena Wirt and medical student Mohammad Asad.

Sandra Main and Michelle Herbers from the HCMC Department of Medicine traveled to Rochester to assist Cathy Liberty, the Administrative Coordinator for the Minnesota Chapter of the ACP with the management of the one-day scientific meeting and all the aspects of the Associate Poster Competition part of the meeting along with Sharon Ihrke from the Mayo Clinic.

Call for Abstracts: ACP 2010 National Abstract Program

SUBMISSION DEADLINE: Friday, December 4, 2009 at 11:59 p.m. The finalists will compete in a poster competition, held during the Internal Medicine 2010 Meeting, April 22-24, 2010, in Toronto, Canada. Contact Tracey Henry at abstracts@acponline.org.

MARK YOUR CALENDARS.....



Don't miss these important dates!

November 6 & 7, 2009, Heart Failure 2009: The Update. Presented by the Minnesota Heart Failure Consortium as a special project with MMRF and Hennepin County Medical Center at the Graves 601 Hotel in Minneapolis. This course is designed to provide a state-of-the art update on selected aspects of current pharmacological, surgical and complementary treatment for patients with Heart Failure. To register contact Maureen Adams at 612.873.3110 or Maureen.adams@hcmcd.org.

April 1, 2010, Dr. Hernando Gonzales will be a visiting professor in the Department of Medicine as the HCMC Department of Medicine Alumnus of the Year.

April 28-May 1, 2010, SGIM 33rd Annual Meeting, Minneapolis Convention Center, Minneapolis, Minnesota. The submission of abstracts, vignettes and innovations is not yet open. Please check in mid-November. <http://www.sgim.org>

IM Newsletter is a bimonthly publication from the HCMC Department of Medicine. Please forward any inquiries, corrections, comments or items you have for our next issue to: sandra.main@hcmcd.org.