

## Location and Clinic Hours

### We are located at Hennepin East Lake Clinic

2700 East Lake Street, Suite #1100  
Minneapolis, MN 55406  
Telephone: (612) 873-8100

### To make an appointment with Here for You / APT:

If you want to make an appointment, please call: (612) 545-9245.

If we are not available, please leave a message with your name and phone number and we will return your call.

Here for You / APT Clinic hours:

Monday, 1:30 to 4 p.m.

Thursday, 1:30 to 4 p.m.

## Our Team

Our team has bilingual professionals in areas like medicine, adolescent care, health education, and social work, among others.

## Did You Know?

### Resource for the following two statistics:

*The National Campaign to Prevent Teen Pregnancy, "A Look at Latinos."*

"The Latino population is the largest and fastest growing minority group in the United States. By 2025, 1 in every 5 teens will be Latino."

"Latinas have had the highest teen birth rate of any major ethnic/racial minority in the country since 1995."

### Hennepin East Lake Clinic

2700 East Lake Street

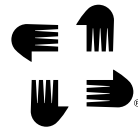
Located in the Coliseum Building

Free Parking in back of building



Hennepin East Lake Clinic is a community clinic of Hennepin County Medical Center

Use Bus routes 7 and 21

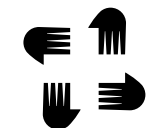


Hennepin County  
Medical Center

Hennepin County Medical Center provides services without regard to race, color, creed, religion, age, sex, disability, marital status, sexual orientation, public assistance or national origin.

Here for You/  
Aquí para Tí

Clinic for Latino youth  
ages 11 – 24



Hennepin County  
Medical Center

## What is Here for You ?

Here for You / Aquí para Tí (APT) is a clinic for Latino youths ages 11 to 24 and their families. It is part of Hennepin East Lake Clinic.

The Here for You / APT program was created in 2002 to support Latino adolescents who are being raised in a culture that differs from the culture of their parents, and parents who are raising teens in a country different than their own. The program is funded by the Eliminating Health Disparities Initiative of the Minnesota Department of Health.

## How it Works

At the first appointment,\* the youth (and the person accompanying him or her if the appointment is not confidential\*\*) will:

- Receive an explanation of the program and their confidentiality rights.
- Fill out a questionnaire **alone** to identify their concerns and interests.
- Meet individually with the doctor and the other members of the APT team.
- Create a treatment plan according to the needs and strengths of the youth and/or family.
- Make a follow-up appointment to review the plan and connect with resources as needed.

\* *The first appointment lasts about 2 hours.*

## Teens and Confidentiality

By Minnesota Law, teens can have confidential appointments for pregnancy tests, family planning, tests for sexually transmitted infections, prenatal care, and drug abuse. Confidential means that teens and the clinic do not have to inform the parents or guardians of the appointment.

## Services that the Here for You / APT Clinic offers includes:

### Medical Services such as

- Complete physical exam
- Pregnancy tests
- Treatment of common diseases
- Vaccines
- Pregnancy care
- Testing and treatment for Sexually Transmitted infections (STIs)
- Family planning services

### Consultation about topics like:

- Depression, anxiety, or anger
- School issues
- Relationships with family or friends
- Communication between children and parents
- Abuse of drugs and/or alcohol
- Worries about height or weight

### Education about:

- Health
- Diet and healthy control of weight
- Pregnancy care
- Family planning
- STIs
- Raising teens

### Referrals to other services:

- Youth activities
- WIC (Women, Infants, and Children)
- Nurses who can visit pregnant women at home
- Individual and family therapy
- Schools
- Food shelves
- Specialty Exams

## Cost

- The cost of a visit at APT is the same as for a regular medical appointment.
- The difference is that for APT appointments, the patient has free access to health education, mental health evaluation, counseling, and referrals to other resources.
- Our clinics accept any type of medical insurance.
- If you do not have health insurance, you can meet with a financial consultant to apply for medical insurance or a discount card.
- **We offer family planning services at free or reduced cost.**