

## Minnesota Chapter Scientific Meeting of the American College of Physicians (ACP)

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On Friday, November 7, 2008, the Minnesota Chapter Scientific Meeting of the American College of Physicians (ACP) was held at the Minneapolis Convention Center. I was delighted and proud that so many of our residents participated (over 20) in the poster competition. As is always the case, all our residents deserve to be congratulated. **Dr. Nate Scott** made it to the "final 5" of the poster competition (there were 140 posters), and 2 of the 5 abstracts selected for oral presentations were given by our residents: **Drs. Anu Bora** and **Junaid Syed**. Junaid was the winner, a dazzling unraveling of a metabolic conundrum, followed by an equally spectacular presentation of carcinoid syndrome by Anu! The student poster competition was won by Kristin Ritter of the University of Minnesota. The mentor on this project was none other than **Dr. Anne Pereira**. Kristin will be invited to the national poster competition (part of the excellent annual ACP meeting in Philadelphia on April 23-25, 2009.)

Many of our staff and colleagues at HCMC participated in this session. Several HCMC faculty members gave oral presentations at the meeting: **Drs. Cristina Baker, Michel Cramer-Bornemann, David Williams** and **Steven Hillson**. A number of HCMC faculty who helped judge the poster competition included: **Drs. Douglas Pryce, Peter Schlesinger, Cristina Baker, David Hilden,**



Drs. Anne Pereira, Junaid Syed and Scott Davies

**Michelle Johnson, David Williams, Anne Pereira, Mobin Malik and Laxmana Godishala**. The poster competition was organized and overseen by **Dr. Charles Reznikoff**, who accepted a National ACP Award (The Evergreen Award - a first for the Minnesota Chapter) on behalf of the Chapter.

I also want to recognize our superb administrative staff of **Sandra Main, Michelle Herbers** and **Joy Christiansen**, who assisted Cathy Liberty, the Minnesota ACP Chapter Coordinator from the Mayo Clinic as the "front desk" (and backroom!) cast who, as always, provided charming, helpful, efficient and outstanding support to us all.

[Dr. David Williams]

### Managing Producer

Sandra Main

### Editors

Joy Christiansen

Belinda Rogers

Dr. David Williams

## Resident Recruitment Update

We are in the midst of another very busy recruiting season. This year we had over 1000 applications, and we are conducting a total of 176 interviews. We have a great mix of candidates from a number of domestic and international schools, and are expecting another solid match. As always, we are deeply appreciative of faculty efforts in the interview and selection process.

[Dr. Anne Pereira]

## STAFF UPDATES

Please welcome the following members to the Department of Medicine:

**Dr. Katharine Swenson** will be joining the Division of Cardiology on a part-time basis from January through June 2009.

**Dr. Gautam Schroff** will be joining the Division of Cardiology on July 1, 2009.

Departures:

On Friday, November 7, 2008, we said farewell to Pat Duff, who has promoted RN assistance to General Medicine for 12 years. The Russian, Somali, Spanish and Medicine Clinics benefited from her valued service. Good news, she will continue to serve as a triage nurse at the Contact Center.



From left to right: Val Schlegowski, Dr. Craig Garrett, Ala Litkewitsch, Katie Fritz, Pat Duff, Carolyn Fritz, Sharon Turner, Patti Garrett, Layla Ali, Fardosa Kanyare, Amy Glaser

## Congratulations!

Recent MMRF Grant Awardees:



**Dr. Bradley Bart**  
Renal Denervation in Patients with Refractory Hypertension. Funding Source: Ardian, Inc.

**Dr. Mark LeSage**  
Active Immunization for Treating Methamphetamine Abuse - Non-Competing Continuation. Funding Source: University of Arkansas/NIDA/NIH



**Dr. Paul Pentel**  
Multivalent Vaccine for Opiate Addiction. Funding Source: NIDA/NIH



**Dr. Richard Grimm**  
Chiropractic and Self-Care for Back-Related Leg Pain - Non-Competing Continuation. Funding Source: Northwestern Health Sciences University/HRSA

**Dr. Richard Grimm**  
WHIMS MRI 2 Study. Funding Source: Wake Forest University/NIH

**Dr. Richard Grimm**  
Individualized Chiropractic and Integrative Care for Low Back Pain - Non-Competing Continuation. Funding Source: Northwestern Health Sciences University/HRSA

[MMRF *Scope*]



**Reminder from the HCMC Security Department.** This is the time of year when the Security Department wants to remind all staff that it is important to keep personal belongings with you or in a secure locker or office at all times. Most thefts are crimes of opportunity, so closing and locking your office door or locker is the best deterrent to someone looking for purses, wallets, laptops, and other smaller items.

## PUBLICATIONS

Fadem SZ, Al-Saghir F, Zollner G, **Swan S**. Converting hemodialysis patients from intravenous paricalcitol to intravenous doxercalciferol - a dose equivalency and titration study. *Clin Nephrol*. 2008; 70(4):319-324.

Giuliani KK, Mire OA, Jama S, DuBois DK, **Pryce D**, Fahia S, Ehrlich LC. Tobacco use and cessation among Somalis in Minnesota. *Am J Prev Med*. 2008;35(6S):S457-S462.

**Goldsmith SR**. Intravenous conivaptan: a viewpoint. *Am J Cardiovasc Drugs*. 2008;8(5):349.

**Goldsmith SR**, Elkayam U, Haught WH, Barve A, He W. Efficacy and safety of the vasopressin V1A/V2-receptor antagonist conivaptan in acute decompensated heart failure: a dose-ranging pilot study. *J Card Fail*. 2008;14(8):641-647.

Mooney ME, Li ZZ, Murphy SE, **Pentel PR**, Le C, Hatsukami DK. Stability of the nicotine metabolite ratio in ad libitum and reducing smokers. *Cancer Epidemiol Biomarkers Prev*. 2008; 17(6):1396-1400.

Olin MR, Armien AG, Cheeran MC, **Rock RB**, Molitor TW, Peterson PK. Role of nitric oxide in defense of the central nervous system against mycobacterium tuberculosis. *J Infect Dis*. 2008;198(6):886-889.



Romagnuolo J, Guda N, **Freeman M**, Durkalski V. Preferred designs, outcomes, and analysis strategies for treatment trials in idiopathic recurrent acute pancreatitis. *Gastrointest Endosc*. 2008;68(5):966-974.

**Segal B**, Carpenter A, Walk D. Involvement of nervous system pathways in primary Sjögren's Syndrome. *Rheum Dis Clin N Am*. 2008;34:885-906.

**Segal B**, Thomas W, Rogers T, Leon JM, Hughes P, Patel D, Patel K, Novitzke J, Rohrer M, Gopalakrishnan R, Myers S, Nazmul-Hossain A, Emamian E, Huang A, Rhodus N, Moser K. Prevalence, severity, and predictors of fatigue in subjects with primary Sjögren's Syndrome. *Arthritis Rheum*. 2008;59(12):1780-1787.

Tomson CRV, **Foley RN**, Li Q, **Gilbertson DT**, Xue JL, **Collins AJ**. Race and end-stage renal disease in the United States Medicare population: the disparity persists. *Nephrol*. 2008;13(7):651-656.

## MEETINGS

**Dr. Charles Herzog** was a speaker at the ASN Renal Week 2008, November 4-9, in Philadelphia, Pennsylvania. He gave presentations on: "Long-term survival of United States dialysis patients after surgical bypass or percutaneous coronary stent placement in the drug-eluting stent era" (with Dr. Craig A. Solid); "Revascularization for CAD among patients with ESRD: have drug-eluting stents changed the picture (or the frame)"; "Cardiac disease: diagnosis and treatment in CKD"; and "what are the long-term consequences of acute dialysis complicating coronary artery bypass surgery in general Medicare patients with chronic kidney disease?" (with Dr. Shuling Li).

**Dr. Charles Herzog** also attended the AHA 2008 Scientific Sessions in New Orleans, Louisiana, on November 8-12, and gave the following presentations: "Comparative long-term survival of general Medicare patients with surgical versus percutaneous coronary intervention in the era of drug-eluting stents, and the impact of chronic kidney disease" (with David T. Gilbertson, PhD); and "Coronary revascularization in CKD patients: good, bad, and ugly—and why isn't it better?"

**Dr. Bradley Bart** presented, "Cardiorenal Syndrome" Grand Rounds at the Minneapolis VA Medical Center on November 21, 2008 and at the Minneapolis Heart Institute on November 24, 2008.

**Dr. Bradley Bart** presented, "Changes in renal function during heart failure therapy: what is the kidney trying to tell us?" at the 30<sup>th</sup> Annual Cardiovascular Conference, HealthPartners Institute for Medical Education, Minneapolis, Minnesota, on December 4, 2008.



## Best of Hennepin

CME and Alumni Celebration commemorating 120+ years of service to the community, 50+ years of medical innovation, current and emerging research and practices.

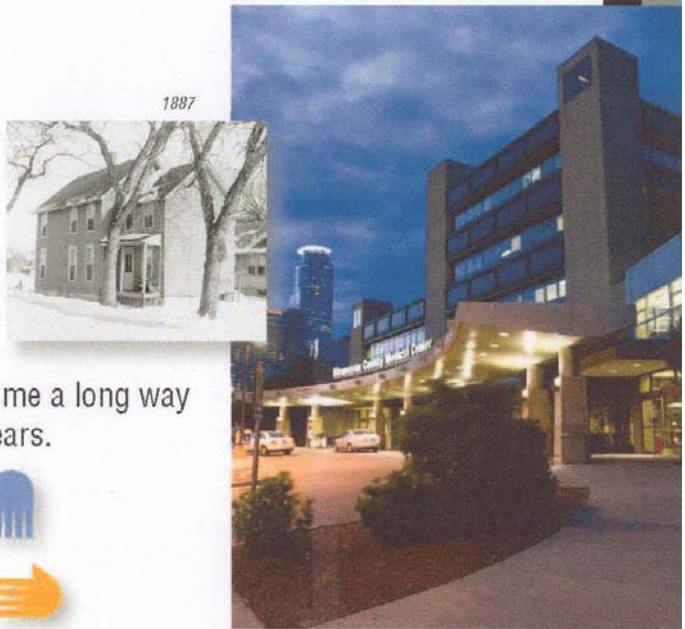
**Thursday, May 14, 2009** program speakers include: **Dr. Michael Belzer**, Mayor R.T. Rybak, Dr. Joseph Clinton, Dr. Bill Heegaard, Dr. Douglas Brunette, Dr. Charles Truwit, **Dr. Conrad Iber**, Dr. Mark Mahowald, Dr. Steven Miles, Dr. Robert C. Andersen, Dr. Morris Davidman, **Dr. Allan Collins**, Dr. Mark Odland, **Dr. Bert Kasiske**, **Dr. Gavin Bart**, **Patricia Culliton**, Dr. Helen Kim, and **Dr. Scott Davies**. This will be followed by a Night at the Guthrie, in the Wurtele Thrust Theatre with Toni Kushner's musical *Caroline, Or Change*.

**Friday, May 15, 2009** program speakers include: Dr. Ernie Ruiz, Hillie Prose, RN, Dr. Joseph Clinton, Dr. Bill Heegaard, Dr. Douglas Brunette, Dr. Gayland Rockswold, Dr. Cher Adkinson, Dr. Andrew Kiragu, Dr. Richard Kyle, Dr. John Hick, **Dr. M. Thomas Stillman**, Dr. Morris Davidman, Dr. Deborah Powell, **Dr. Anne Pereira**, **Dr. Martin Stillman**, Dr. Arpana Vidyarthi, and **Dr. Paul Pentel**. There will be a research poster session to be followed with a dinner and dance with keynote speaker, Dr. Janis Amatuzio, at The Depot.

**Saturday, May 16, 2009** program speakers include: Dr. Joseph Clinton, Dr. Bill Heegaard, and Dr. Douglas Brunette. There will be 2 panel discussions, Genomics Symposium with Dr. John Crosson, Dr. Tom Gelerhter, Dr. Richard King, and Dr. Brian Van Ness; and Health Care Delivery with Dr. Donald Jacobs, Dr. Stephen Parente, Kip Sullivan, Peter Nelson, James Hart, and Senator John Marty.

# Best of Hennepin

**Special Event for all Medical & Nursing Staff, Health Care Providers and Alumni**



We've come a long way in 122 years.

**Hennepin County Medical Center**      Hennepin Faculty Associates & Minneapolis Medical Research Foundation

**May 14 - 16, 2009**

### Call For Abstracts

The Best of Hennepin  
Continuing Medical Education & Alumni Celebration  
**Poster Session: May 15, 2009, 3:30—5:00 p.m.**

Showcasing the past 120 years of innovative  
medical research and patient care

**Application Deadline: February 27, 2009**

For further information, please email [cstepan@mmerf.org](mailto:cstepan@mmerf.org)

## RENAL DENERVATION IN PATIENTS WITH REFRACTORY HYPERTENSION

HCMC is one of only five US hospitals conducting two prospective, non-randomized, multi-centre pilot studies of an innovative therapeutic intervention for patients who have refractory hypertension (systolic blood pressure  $\geq$  160 mmHg despite the use of multiple anti-hypertensive medications). The studies will enroll 20 patients without renal disease and 20 patients with end-stage renal disease (ESRD) on dialysis. The primary aims of the studies are to confirm the safety of renal denervation and to demonstrate the physiologic response to denervation (e.g., blood pressure reduction). Renal denervation will be achieved via the intra-arterial delivery of low-level radiofrequency energy with the Symplicity™ Catheter.

The studies are sponsored by Ardian Inc., who have performed comprehensive preclinical and bench testing to verify the safety of the device. An initial First-in-Man study has demonstrated that the Ardian System can safely denervate the kidney without adverse effects and that renal denervation has resulted in a substantial and sustained reduction of blood pressure – approximately 22/12 mmHg reduction through more than 9 months. The Investigators include: **Drs. Bradly Bart, Jeffrey Connaire, Fouad Bachour, and Meena Sahadevan.** Karen Smith, RN, is the Clinical Trial Coordinator.



[Karen Smith, RN]

## JCAHO Survey, November 17 –21, 2008



***The Joint Commission survey was a success!***

We have made significant progress since our last survey and that was validated by the results of this survey. As you know, we have been focusing on continual readiness, emphasizing that the Joint Commission standards are really about delivering optimal care to the patient. As a surveyor said one

morning, “Do what’s best for the patient and you don’t have to think about the standards.” That has been our approach as an organization and it is part of the reason we did well this time around.

The other reason is the quality of the people who practice and work at Hennepin. Surveyors repeatedly talked about the staff they interacted with this week.

Even the patients and families who were interviewed by the surveyors had good things to say about the care they receive here. As one family member told a surveyor, “We would go nowhere else!”

The surveyors identified some issues that will need attention, but they are things that can be improved and we will address them with renewed energy in the weeks and months ahead. Thank you for your good work today, this week, and always on behalf of the patients we serve.

[Lynn Abrahamsen, *Scanner*]

## Message from the Chairman of HFA – December 15, 2008



Dear Colleagues,

***Congratulations to our HFA Clinics!***

Hennepin Faculty Associates has earned the highest score overall of the 33 clinics evaluated in the 2008 HealthPartners Consumer Choice Survey.

HealthPartners surveyed 6,923 adults. Respondents were asked to rate their satisfaction with the care and service they receive from their clinic; the data were weighted to equal a sample size of 200 adults. Statistical comparisons were done using mean scores at a 95% confidence interval. Note that our patients rated us. “Above Average” for every question under the headings *Overall Satisfaction* and

*Patient Care and Communication.*

Overall, 72% of HFA clinic patients reported they were “Very Satisfied” with their clinic, while 79% of our patients would “Definitely” recommend Hennepin Faculty Associates to adult friends or family members.

It has been a busy year for all of us; yet, as always, your commitment to excellent patient care has not wavered. Thank you.

Please take the time to congratulate your staff and colleagues and to widely distribute this news.

Sincerely,

Donald M. Jacobs, M.D.  
Chairman and CEO

## UNIVERSITY ACADEMIC APPOINTMENTS/TRACKS

Four academic tracks are currently available for faculty in the Department of Medicine. They are: Clinical Scholar Track, Teaching Track (new), Regular Track (same as Tenure Track), and Affiliated Track (formerly known as the Adjunct Track). The criteria for these tracks can be obtained from Belinda Rogers or on the University's website. Faculty interested in transferring from one track to another should submit a letter of request including the rationale as to the reason for the transfer and a current CV (in the required Medical School format) to their respective Division Director. The Division Director in conjunction with the Department Chief (Dr. Scott Davies) will submit a letter of request recommending the transfer to the Department of Medicine Chairman at the University (Dr. Wesley Miller, Acting Chairman) along with the faculty member's CV.

Transferring from one track to another must be done one year in advance to promotion. All faculty members are encouraged to plan ahead by documenting all they do in terms of teaching, service, research and clinical proficiency.

Dr. Roberta Sonnino, Associate Dean of Faculty Affairs at the University, recommends each faculty member keeping a Professional Development Portfolio containing kudo letters from patients, colleagues, students, etc., articles published, teaching evaluations and activities, service activities, CME-related activities, long-term goals, etc. This information is necessary when applying for promotion. Items for individual Professional Development Portfolio include, but are not limited to:

- Curriculum Vitae
- Goals
- Mentoring/Advisor information
- Teaching
- Scholarly Activity
- Service (including Clinical Service)
- Administrative responsibilities
- Continuing Education
- Honors/Kudos
- Long-Term Goals
- Annual Review and Assessment
- Miscellaneous



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Get prepared - that's what codeReady is all about. It's a statewide initiative created to help all Minnesotans be informed, organized and connected on emergency preparedness. Start today to get you and your family ready. Create your plan, build your kit and be prepared now.

▶ How ready are you?

Get Informed ▶

Get Prepared ▶

Get Connected ▶

Emergencies happen. A natural disaster like a flood or tornado—even something intentional. Either way, it can effect you and your family. Learn how to get you and your family ready. Go to [codeready.org](http://codeready.org) and get prepared.

IM Newsletter is a by-monthly publication from the HCMC Department of Medicine.

Please forward any inquiries, corrections, comments or items you have for our next issue to: [sandra.main@hcmcd.org](mailto:sandra.main@hcmcd.org).

## New Arrivals

Dr. Ariel Centurion and his wife Sheryl welcomed *Maya Erenberg Centurion* on December 2, 2008 at 10:57 a.m. 4 lbs and 14 oz; 18.5 inches long. Congratulations!



## Dialysis Unit and Respiratory Therapy moved the first week of December

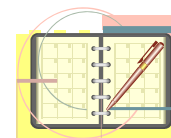
The Dialysis Unit moved from G6 to Red 7.100 on Tuesday, December 2, 2008. Their new location will be called Red 7.100 South Dialysis. The telephone numbers remain the same. Respiratory Therapy moved Thursday December 4, 2008, from their two locations, Green 6.230 and Red 7.612 to G6.230A.

## The Berman Center is recruiting for a new research study

The Berman Center and MMRF are investigating if a single pill containing low doses of blood pressure and cholesterol medication can lower your risk for heart disease. You may be eligible for the study if you are not currently taking any blood pressure or cholesterol medications and are interested in learning your risk for developing heart disease. Please share this opportunity with a spouse, family members, and friends! We are located in the Parkside Professional Building across 8<sup>th</sup> Street from HCMC. If you are interested call or email:

The Berman Center for Outcomes & Clinical Research at 612-341-7900 or [rmoor@BermanCenter.org](mailto:rmoor@BermanCenter.org)

## MARK YOUR CALENDARS.....



\*\*\***SAVE THE DATE!!!**\*\*\*

**The 2009 Graduation Banquet will be held Friday, May 29, 2009.**

Please make every effort to attend. It's a great celebration and an opportunity to wish the graduates well. Strong faculty attendance means a lot to all of the housestaff.

## 2009 Schedule for Department of Medicine Meetings

### Department of Medicine Staff Meetings

1<sup>st</sup> Tuesday of each month at 12:00-1:00 PM in the O5 Conference Room (Pizza lunch provided)

|            |             |
|------------|-------------|
| January 6  | July 7      |
| February 3 | August 4    |
| March 3    | September 1 |
| April 7    | October 6   |
| May 5      | November 3  |
| June 2     | December 1  |

### Department of Medicine Division Directors' Meetings

3<sup>rd</sup> Monday of each month at 5:15 – 6:15 PM in the O5 Conference Room

|                            |              |
|----------------------------|--------------|
| January 19                 | July 20      |
| <i>No February meeting</i> | August 17    |
| March 16                   | September 21 |
| April 20                   | October 19   |
| May 18                     | November 16  |
| June 15                    | December 21  |

Department of Medicine Staff Meetings and Division Directors' Meetings are subject to change.

All changes will be sent via email through the Outlook calendar.