



Department of Medicine IM NEWSLETTER

Volume 17 Issue 4

Winter Edition

October/November/December 2011

THE DEPARTMENT OF MEDICINE LIGHTS UP THE NIGHT

Inside this issue:

Staff Updates	2
Staff in the News	2
Acknowledgements and Awards	3
Grants Awarded	4
Recent Guest Speakers	4
Journal Publications	5
Journal Publications continued	6
Therapeutic Yoga Program for Back Pain	6
Meetings and Presentations	7
Administrative Staff Recognition	7
Thank You	8
Mark Your Calendars	8

On Thursday, December 1, 2011, the Hennepin Health Foundation sponsored, "Light Up The Night," a benefit for Hennepin County Medical Center's Education and Training Mission at Windows on Minnesota, Minneapolis Marquette Hotel. This benefit was the launch of the Innovation in Medical Education Fund to enhance our capacity to support medical student education, residency and fellowship programs, nursing advancement, allied health profession education, clinical research and emergency outreach and training. This additional resource will increase our capacity to purchase equipment and training supplies, maintain residency and fellow levels, fund continuing education, travel and presentation expenses, furnish classroom space, attract visiting professors, and offer education scholarships.

In celebration of HCMC's legacy as a teaching hospital and to complement the launch of the Innovation in Medical Education Fund, the Hennepin Health Foundation honored **Dr. Thomas Stillman** for his exceptional qualities in medical student education with the *Guiding Light Award*. Dr. Stillman has affected the lives and shaped the careers of so many in the Department of Medicine and at HCMC.

Besides honoring Dr. Stillman, the Department of Medicine had a large presence in the evening with **Drs. Michael Belzer** and **Scott Davies** as event Co-chairs. **Dr. David Hilden** was the evening's emcee, and a number of Department of Medicine staff members were featured in a short video that was also presented during the event. It was a spectacular evening, with over 300 guests and volunteers in attendance raising over \$200,000 from sponsors and individuals.

The Hennepin Health Foundation was created in 2009 to provide the opportunity for individuals and organizations to support the mission of Hennepin County Medical Center, which is to provide the best possible care to every patient, search for new ways to improve care, educate the health care providers of the future and ensure access to healthcare for all. In 2010, the Department of Medicine was the recipient of a \$3,000 educational grant from the Hennepin Health Foundation that was used in conjunction with the Alvin L. Schultz Fund to sponsor Dr. William Branch to HCMC as the 23rd Alvin L. Schultz Visiting Professor. Grant money was also used to support a resident international experience. The Department of Medicine looks forward to more grant support from the Hennepin Health Foundation to help in our Department's educational mission.



Managing Producer

Sandra Main

Editors

Joy Christiansen

Michelle Herbers

Belinda Rogers

Dr. David Williams



STAFF UPDATES

Welcome new faces in the Department of Medicine



Dr. Satya Bommakanti joined the Hematology/Medical Oncology Division on September 22, 2011 after completing her Hematology/Oncology, Transplantation Fellowship at the University of Minnesota. She did her Internal Medicine Residency at the Medical College of Wisconsin, Milwaukee, Wisconsin.



Dr. Asha Madhar joined the General Internal Medicine Division on October 17, 2011. She comes to us from Michigan State University/Hurley Medical Center where she was Chief Medical Resident. She has Primary Care Clinic in the Green Firm, works in the Direct Care Clinic and staffs with residents.

Dr. Sebastian Ksionski joined the General Internal Medicine Division on October 17, 2011. Prior to joining us he did a Pain Medicine Fellowship in 2010, and a Sports Medicine Fellowship in 2009 at John Peter Smith/University of Texas Southwestern. He was also an Academic Chief Resident in 2008 with the Fort Wayne Medical Education Program. Dr. Ksionski divides his time between the General Internal Medicine Division as our new pain physician and the Interventional Pain Clinic.

Dr. Elizabeth Goelz joined the General Internal Medicine Division on November 7, 2011, following graduating from the HCMC Internal Medicine Residency, including participation in the Primary Care Internal Medicine Pathway. She staffs Primary Care Clinic in the Green Firm, works in the Direct Care Clinic and staffs the residents.



Ms. Danelle Sullivan joined the administrative staff in the General Internal Medicine Division on January 3, 2012, as a Medical Office Specialist, Senior. She has worked at HCMC since 1989, most of that time in the Pediatric Clinic. As a clerical lead in the clinic, she was responsible for training the front desk staff, maintaining provider templates and supporting the clinic supervisor. Danelle comes to the Department of Medicine highly recommended and with a lot of HCMC expertise.

Department of Medicine Staff Departures

Dr. Ayesha Rashid left the Hospitalist Program on November 30, 2011, for a staff position at the Saint Paul Infectious Diseases Association in Saint Paul, Minnesota.

Dr. Conrad Iber, former Division Director for Pulmonary and Critical Care Medicine in the Department of Medicine, left HCMC on October 31, 2011, to take the position of Sleep Medicine Director, UMMC and Medical Director, for the Fairview Health Services Sleep Program. He was most recently the Medical Director of the Minnesota Regional Sleep Disorders Center and Program Director for the Sleep Medicine Fellowship at HCMC.

STAFF IN THE NEWS



Dr. Daniel Fulton (G3 Resident) and **Dr. David Hilden** were quoted in an article in the Minneapolis Star Tribune on September 6, 2011 titled, "Stress overdose for doctors."



Dr. Hernando Gonzalez was interviewed for Fox 9 News on September 29, 2011, about recent FDA approvals for three clinical trials using worms. He discussed how eggs from pig worms would be used to treat chronic intestinal conditions like Crohn's disease and ulcerative colitis.



Dr. Mustafa Tiewala was interviewed for Fox 9 News on October 6, 2011, for a segment on pancreatic cancer and its symptoms following the deaths of Apple Inc. co-founder Steve Jobs and Nobel Prize winner Ralph Steinman.



Dr. Paul Johnson and the Coordinated Care Clinic staff were highlighted in a Star Tribune front-page article on November 14, 2011, titled, "HCMC gives a new push to prevention, with smiles."



Dr. Abigail Holley was interviewed on Fox 9 News for a health news segment on November 30, 2011, titled, "Research: Eating Fish Fends Off Alzheimer's, doctors believe fatty omega acids benefit brain."

Dr. Kay Schwebke wrote an article for the non-peer reviewed publication MedCity News, on December 1, 2011, titled, "World AIDS Day 2011: Creating an AIDS-free generation."

Dr. Gavin Bart was interviewed for a story on WCCO News on December 15, 2011, titled, "Survey: Synthetic Drug Use Among Teens Is Growing."

ACKNOWLEDGEMENTS AND AWARDS

Dr. Anne Pereira, Internal Medicine Residency Program Director, was appointed to the Hennepin Healthcare System, Inc. Board of Directors as part of the HFA/HCMC integration along with Dr. Douglas Brunette, Assistant Chief of Emergency Medicine for Clinical Affairs. They will bring expertise and insight that will be greatly valued by the board.

On Thursday, October 13, 2011, the University of Minnesota Department of Medicine held their Annual Fall Faculty Recognition Reception at the Coffman Memorial Union Campus Club West Wing. HCMC Department of Medicine faculty acknowledged included:

New Division Directors and Section Leaders

Dr. David Hilden, Director, Hospitalist Program.
Dr. Kathryn McCulloch, Director, HFA Internists.
Dr. Jeffrey Rubins, Director, Palliative Medicine Program.
Dr. Ronald Schut, Director, Infectious Diseases Division.
Dr. Mark Sprenkle, Director, Pulmonary & Critical Care Medicine.

Promotions as of July 1, 2011

Dr. Mark Linzer to Professor.

DOM Teacher of the Year Award

Dr. Mengistu Simegn, (by the Cardiovascular Fellows).

HCMC Educational Excellence Awards

Dr. Gavin Bart, Best Lecturer Award, Hennepin-Regions Psychiatry Training Program, University of Minnesota Medical School.
Dr. Ronald Johannsen, Top Lecturer Award-Module 3, 2010 Global Health Course, University of Minnesota Medical School.
Dr. Meghan Walsh, Distinguished Clinical Teaching Award, Medical Student Year Four, University of Minnesota Medical School; Outstanding Faculty Teacher Award, DOM, HCMC; Outstanding Faculty Teacher Award, Transitional Year Residents, HCMC.

Clinical Excellence Award

Dr. Gautam Shroff

National or International Office or Committee

Dr. Michael Belzer, National Association of Public Teaching Hospitals: Executive Committee & Physician Leadership Advisory Committee.

Dr. Anne Pereira, Councilor, Association of Program Directors of Internal Medicine.

Dr. Martin Stillman, President, Board of Directors, Minnesota Medical Alumni Society.

National Grants/Research Awards

Dr. Ajay Israni and Dr. Bertram Kasiske, Health Resources and Services Administration (HRSA) has awarded researchers at the Minneapolis Medical Research Foundation (MMRF) a multimillion-dollar contract to maintain and analyze data on solid-organ transplantation in the United States; Scientific Registry of Transplant Recipients (SRTS) awarded by the Health Resources and Services Administration.

Dr. Anne Murray, Stroke and Cognitive Impairment in Aging Chronic Kidney Disease Patients awarded by the National Institutes of Health, National Institutes on Aging, RO1 5-year award.

Regional Office

Dr. Lawrence Kerzner, Councilor, Minneapolis Society of Internal Medicine.

Clinical Leadership

Dr. Conrad Iber, Director, Fairview System Sleep Medicine Program.



MORE ACKNOWLEDGEMENTS

Drs. Anne Pereira, Douglas Pryce, and Martin Stillman have been voted on favorably by the University of Minnesota School of Medicine Promotion and Tenure Committee for academic promotion to Associate Professor effective July 2012.

Dr. Pereira's notable work includes: Educational Innovations Program (EIP), APDIM (Association of Program Directors in IM) Council, for recent article on CBME (Competency-Based Medical Education) in *Annals of Internal Medicine* and for stellar teaching and leadership of our IM residency.

Dr. Pryce's notable work includes his international reputation of our International Clinics, for posting and disseminating his curriculum on "Preparing for the Hajj" on the CDC website, for longstanding commitment to students and residents in the Medicine Clinic and on the wards, and for co-leading our primary care curriculum.

Dr. Stillman's notable work includes: Exceptional Teaching Awards and evaluations by medical students for being a leader in ACLM (American College of Legal Medicine), for developing and teaching legal medicine curriculum and for leading us in the Medicine Clinic.

GRANTS AWARDED

Dr. Allan Collins, 1) Comparison of Mortality, Hospitalization, and Costs between ESRD Patients enrolled in the DaVita Rx Pharmacy Benefits Management Program versus not - A Retrospective Study. DaVita. 2) Patterns of Outpatient Hemodialysis Sessions in the United States Medicare Population. Takeda International.

David Gilbertson, 1) 2011 ESRD Prospective Payment System Surveillance. Amgen. 2) Red Blood Cell Transfusion Associated Payments in Medicare ESRD Dialysis Population. Amgen.

Dr. Keith Henry, 1) A 12-Week, Randomized, Double-Blind, Active-Controlled, Parallel-Group Study Comparing Pitavastatin 4 mg vs. Pravastatin 40 mg in HIV-Infected Subjects with Dyslipidemia, followed by a 40-Week Safety Extension Study. Kowa Research Institute / PPD. 2) Phase 3B Randomized, Open-Label Study to Evaluate Switching from Regimens Consisting of a Ritonavir-boosted Protease Inhibitor. Gilead Sciences, Inc. 3) Phase 3B Open-Label Single-Arm Study to Evaluate the Safety and Efficacy of Cobicistat-boosted Darunavir Plus Two Fully Active Nucleoside Reverse Transcriptase Inhibitors in HIV-1 Infected, Antiretroviral Treatment-Naive and Experienced Adults. Gilead Sciences, Inc.

Dr. Ajay Israni, Genomics of Kidney Transplantation: Genetic Epidemiology of Deterioration of Kidney Allograft Function - Role: Project Leader (Lab Component), 5-year grant.

Dr. Mobin Malik, REVEAL (Randomised Evaluation of the Effects of Anacetrapib through Lipid-modification) Brigham and Women's Hospital, Inc. MassGen/Merck.

Dr. Kay Schwebke, Site Principal Investigator (HCMC): An Open-Label, Phase 3 Study of Telaprevir in Combination with Peginterferon Alfa-2a (Pegasys®) and Ribavirin (Copegus®) in Subjects Coinfected with Genotype 1 Hepatitis C Virus and Human Immunodeficiency Virus Type 1 (HCV/HIV-1) (Protocol # VX11-950-115). Dec 2011 to present.

Dr. Dean Tsukayama, Pilot Study to Macroporous Hollow Fiber Catheter (MaHFC) to Identify and Locally Treat Chronically Infected Rat Femur. Twin Star Medical, Inc.



RECENT GUEST SPEAKERS IN THE DEPARTMENT OF MEDICINE

Thursday, October 13, 2011, Medicine Grand Rounds. Dr. Carl S. Smith, Chief, Urology Division of Surgery, HCMC, Associate Professor, Department of Urology Surgery, University of Minnesota School of Medicine, Minneapolis, Minnesota. "Prostate Cancer Screening."

Thursday, November 3, 2011, Medicine Grand Rounds. Dr. Robert L. Kane, Minnesota Chair in Long-term Care and Aging, Professor, University of Minnesota School of Public Health, Minneapolis, Minnesota. "Can we really manage chronic disease?"

Thursday, November 17, 2011, Medicine Grand Rounds. Dr. Aaron deVries, Medical Director, Infectious Disease Epidemiology, Prevention and Control Division, Minnesota Department of Health. "Measles on the move: will we keep up?"

Thursday, December 8, 2011, Medicine Grand Rounds. Dr. Parastoo Fazelli, Assistant Professor, Division of Rheumatic and Autoimmune Diseases, University of Minnesota School of Medicine, Minneapolis, Minnesota. "Neuropsychiatric Manifestations of SLE."



Friday, December 9, 2011, Dr. Anthony L. Suchman, Senior Consultant, Healthcare Consultancy and a practicing physician and organizational consultant, and Clinical Professor of Medicine and Psychiatry at the University of Rochester, Rochester, New York was a guest of the General Internal Medicine Division and the University of Minnesota. His speaking presentation was with the Emerging Physician Leaders Program (EPLP) at the University of Minnesota along with Drs. Tseganesh Selameab and Meghan Walsh on similar themes.

Thursday, December 15, 2011, Medicine Grand Rounds. Dr. Hossein Ardehali, Associate Professors of Medicine, Molecular Pharmacology and Biological Chemistry, Northwestern Memorial Hospital, Feinberg School of Medicine, Evanston, Illinois. "Management Strategies for Cardiometabolic Risk."

Thursday, December 22, 2011, Medicine Grand Rounds. Dr. Stephen Nelson, Director, Hemoglobinopathy Program, Co-Director, Vascular Anomalies Center Children's Hospitals and Clinics of Minnesota. "Racial Health Care Disparities, What can I do about it?"

Thursday, December 29, 2011, Medicine Grand Rounds. Dr. Inder Anand, Director Heart Failure Program, VA Medical Center, Minneapolis, Minnesota, Professor of Medicine, Cardiovascular Division, University of Minnesota Medical School, Minneapolis, Minnesota. "The role of aldosterone in the pathogenesis of heart failure."

JOURNAL PUBLICATIONS

Baker JV, Henry WK, Patel P, Bush TJ, Conley LJ, MacK WJ, Overton ET, Budoff M, Hammer J, Carpenter CC, Hodis HN, Brooks JT. Progression of carotid intima-media thickness in a contemporary human immunodeficiency virus cohort. *Clin Infect Dis.* 2011; 53(8):826-835.

Baker JV, Neuhaus J, Duprez D, Cooper DA, Hoy J, Kuller L, Lampe FC, Liappis A, Friis-Moller N, Otvos J, Paton NL, Tracy R, Neaton JD. Inflammation predicts changes in high-density lipoprotein particles and apolipoprotein A1 following initiation of antiretroviral therapy. *AIDS.* 2011;25(17):2133-2142.

Bart G. Promise of extended-release naltrexone is a red herring. *Lancet.* 2011;378(9792): 663.

Billings ME, Auckley D, Benca R, Foldvary-Schaefer N, **Iber C**, Redline S, Rosen CL, Zee P, Kapur VK. Race and residential socioeconomic status as predictors of CPAP adherence. *Sleep.* 2011; 34(12):1653-1658.

Brenden CK, Eckman PM, Bruce-Fane L, Erlien D, **Herzog CA.** Atropine augmentation of treadmill exercise stress echocardiography. *Echocardiography.* 2011; 28(10):1109-1112.

Cornish KE, **Harris AC, Lesage MG, Keyler DE, Burroughs D, Earley C, Pentel PR.** Combined active and passive immunization against nicotine: Minimizing monoclonal antibody requirements using a target antibody concentration strategy. *Int Immunopharmacol.* 2011;11(11):1809-1815.

Engels EA, Pfeiffer RM, Fraumeni JF, **Kasiske BL, Israni AK, Snyder JJ, Wolfe RA, Goodrich NP, Bayakly AR, Clarke CA, Copeland G, Finch JL, Fleissner ML, Goodman MT, Kahn A, Koch L, Lynch CF, Madeline MM, Pawlish K, Rao C, Williams MA, Castenson D, Curry M, Parsons R, Fant G, Lin M.** Spectrum of Cancer Risk Among US Solid Organ Transplant Recipients. *J Am Med Assoc.* 2011;306(17):1891-1901.

Ernst ME, Neaton JD, **Grimm RH, Collins G, Thomas W, Soliman EZ, Prineas RJ.** Long-term effects of chlorthalidone versus hydrochlorothiazide on electrocardiographic left ventricular hypertrophy in the Multiple Risk Factor Intervention Trial. *Hypertension.* 2011;58(6):1001-1007.

Foley RN. A perfect cardiomyopathic storm. *Semin Dial.* 2011;24(3):278-279.

Foley RN, Gilbertson DT, Murray T, Collins AJ. Long interdialytic interval and mortality among patients receiving hemodialysis. *N Engl J Med.* 2011;365(12):1099-1107.

Hart RG, Pearce LA, **Asinger RW, Herzog CA.** Warfarin in atrial fibrillation patients with moderate chronic kidney disease. *Clin J Am Soc Nephrol.* 2011;6(11): 2599-2604.

Herzog CA. Is there something special about coronary artery disease in dialysis patients? *Semin Dial.* 2011;24(3):280-282.

Hirose R, Stock P, Washburn WK, Olthoff KM, Kim WR, Liu J, Peng Y, Snyder J, **Kasiske BL.** Regional sharing of livers in region 8 - did it work? *Hepatology.* 2011;54: 672A-673A.

Kasiske BL, Kukla A, Thomas D, Ives JW, Snyder JJ, Qiu Y, Peng Y, Dharnidharka VR, Israni AK. Lymphoproliferative disorders after adult kidney transplant: Epidemiology and comparison of registry report with claims-based diagnoses. *Am J Kidney Dis.* 2011;58(6): 971-980.

Kunisaki KM, Quick H, **Baker JV.** HIV antiretroviral therapy reduces circulating surfactant protein-D levels. *HIV Med.* 2011;12(9):580-581.

Launer LJ, Miller ME, Williamson JD, Lazar RM, Gerstein HC, **Murray AM, Sullivan M, Horowitz KR, Ding J, Marcovina S, Lovato LC, Lovato J, Margolis KL, O'Connor P, Lipkin EW, Hirsch J, Coker L, Maldjian J, Sunshine JL, Truwit C, Davatzikos C, Bryan NR; ACCORD MIND Investigators.** Effects of intensive glucose lowering on brain structure and function in people with type 2 diabetes (ACCORD-MIND): a randomized open-label substudy. *Lancet Neurol.* 2011;10(11):969-977.

Leichtman A, Abecassis M, Barr M, Charlton M, Cohen D, Confer D, Cooper M, Danovitch G, Davis C, Delmonico F, Dew MA, Garvey C, Gaston R, Gill J, Gillespie B, Ibrahim H, Jacobs C, Kahn J, **Kasiske B, Kim J, Lentine K, Manyalich M, Medina-Pestana J, Merion R, Moxey-Mims M, Odum J, Opelz G, Orłowski J, Rizvi A, Roberts J, Segev D, Sledge T, Steiner R, Taler S, Textor S, Thiel G, Waterman A, Williams E, Wolfe R, Wynn J, Matas AJ.** Living kidney donor follow-up: State-of-the-art and future directions, conference summary and recommendations. *Am J Transplant.* 2011;11(12): 2561-2568.

Loponen H, Ylikoski J, **Albrecht JH, Pirvola U.** Restrictions in cell cycle progression of adult vestibular supporting cells in response to ectopic cyclin D1 expression. *PLoS ONE.* 2011;6(11) e27360.

Matzke GR, Aronoff GR, Atkinson AJ, Bennett WM, Decker BS, Eckardt K-U, Golper T, Grabe DW, **Kasiske B, Keller F, Kielstein JT, Mehta R, Mueller BA, Pasko DA, Schaefer F, Sica DA, Inker LA, Umans JG, Murray P.** Drug dosing consideration in patients with acute and chronic kidney disease a clinical update from Kidney Disease: Improving Global Outcomes (KDIGO). *Kidney Int.* 2011; 80(11):1122-1127.

Publications continued on next page



JOURNAL PUBLICATIONS CONTINUED

Mikesell CL, **Kempainen R**, Laguna TA, Henn L, Gaillard P, Hazelwood A, Williams C, Regelmann W. High-frequency chest wall oscillation in cystic fibrosis: An investigation into adherence and the reliability of patient reporting. *Pediatr Pulmonol*. 2011;46: 414.

Nazarian S, St. Peter JV, Boston RC, **Jones SA**, Mariash CN. Vitamin D3 supplementation improves insulin sensitivity in subjects with impaired fasting glucose. *Translational Research*. 2011;158(5): 276-281.

Oetting WS, Schladt DP, Leduc RE, Jacobson PA, Guan W, Matas AJ, **Israni A**. Validation of single nucleotide polymorphisms associated with acute rejection in kidney transplant recipients using a large multi-center cohort. *Transpl Int*. 2011;24(12):1231-1238.

Passey C, Birnbaum AK, Brundage RC, Oetting WS, **Israni AK**, Jacobson PA. Dosing equation for tacrolimus using genetic variants and clinical factors. *Br J Clin Pharmacol*. 2011;72(6):948-957.

Schwartz MD, Durning S, **Linzer M**, Hauer KE. Medical students' changing views, career choice, and primary care payment reform - Reply. *Arch Intern Med*. 2011;71(19):1772-1773.

Segal BM, Nazmul-Hossain AN, Patel K, Hughes P, Moser KL, Rhodus NL. Genetics and genomics of Sjogren's syndrome: research provides clues to pathogenesis and novel therapies. *Oral Surg Oral Med Oral Pathol Oral Radiol Endod*. 2011; 111(6):673-680.

Shroff GR, Sarraf M, **Sprenkle MD**, **Karim RM**. Air embolism involving the coronary and pulmonary circulation: an unusual cause of sudden cardiac death. *Circulation*. 2011;124(25):2949-2950.

Slinin Y, Guo H, **Gilbertson DT**, Mau L-W, Ensrud K, **Collins AJ**, Ishani A. Prehemodialysis care by dietitians and first-year mortality after initiation of hemodialysis. *Am J Kidney Dis*. 2011;58(4):583-590.

Sobotka PA, **Goldsmith SR**. Found in translation. *J Card Fail*. 2011;17(10): 804-805.

Tebas P, **Henry K**, Nelson M, Reynes J, Ruxrungtham K, Sierra-Madero J, Vanveggel S, Deckx H, Boven K. Results from the pooled DEXA substudies of the double-blind, randomised, Phase III trials comparing rilpivirine (RPV, TMC278) versus efavirenz (EFV) in treatment-naive, HIV-1- infected adults. *Antivir Ther*. 2011;16: A19-A20.

Weinhandl ED, **Gilbertson DT**, **Collins AJ**. Association of mean weekly epoetin alfa dose with mortality risk in a retrospective cohort study of medicare hemodialysis patients. *Am J Nephrol*. 2011;34(4):298-308.

Williams DN, Goswami U, Brenes J. The broadening spectrum of septic pulmonary embolism: A retrospective review. *Clin Microbiol Infect*. 2011;17:S458.

Williams ES, Halbesleben JRB, Manwell LB, McMurray JE, Rabatin J, **Rashid A**, **Linzer M**. The Effect of Workplace Health Care Worker Stress and Burnout on Patient Outcomes. *Handbook of Human Factors and Ergonomics in Health Care and Patient Safety*. Carayon, P. Second Edition, 2011. Book Chapter.

THERAPEUTIC YOGA PROGRAM FOR BACK PAIN

The General Medicine Division has created a therapeutic and restorative yoga program, directed at helping patients with chronic mechanical or non-specific low back pain. A series of clinical trials over the last 10 years (including most recently in the November 1, 2011 issue of the *Annals of Internal Medicine*) has demonstrated that yoga is an effective treatment for this common and debilitating problem. Yoga improves pain and function, and may decrease resource use and narcotic pain medication use.

For a variety of reasons - such as transportation problems, financial constraints, fear and embarrassment - our patients have not been effective at using community yoga programs. A General Medicine group including **Dr. Steven Hillson**, Brian Hilgeman, Anna Cox, Sheri Thorson, and Adrian Sotro, have been working with a non-profit community partner,

One Yoga, to provide on-campus yoga for these patients since August.

Instructor Nissa Valdez, whose special interest is medical applications of therapeutic yoga, teaches a 75-minute class each Thursday morning in the HCMC Chapel. A physician meets individually with each patient before each session. Participation has been outstanding, and patients are reporting improved pain and function. Class size is limited and enrollment is required.

Contact Dr. Hillson by email at: s_hill2@msn.com or through the Epic in-basket with questions or if you have patients you would like to enroll in this yoga class.



MEETINGS AND PRESENTATIONS

On October 20-22, 2011, HCMC hosted the Best of Hennepin, Engaging Patients, Specialists, and Care Teams in Delivering Primary Care Conference at the Holiday Inn Metrodrome, Minneapolis, Minnesota. The focus of this 3-day conference was on the practice of patient and family-centered care to engage patients, specialists and care teams in the successful management of chronic disease. Features of this program included discussions of the challenges of this new approach in the care of people with chronic diseases such as heart failure, diabetes, cancer, asthma, and renal disease, and some of the specific challenges faced by homeless patients, or those living in remote areas. The Department of Medicine was represented by participating faculty, including:

Dr. Guilford S. Hartley, “It’s an Epidemic—Diabetes and Hypertension.”

Dr. Thomas Stillman moderating: “The Practical Medical Home-Find Out What You Don’t Know.”

Dr. Scott Davies and Dr. Gail Brotzman, “Optimal Asthma Care.”

Dr. Douglas Pryce, “The World in our Clinics: Immigrant and Migrant Health.”

Dr. Tseganesh Selameab and Dr. Thoka Lipato, “A Hidden Epidemic: Homelessness and Health.”

Dr. Mark Linzer moderating: “Patient and Family-Centered Care for Selected Challenging Diagnoses.”

Dr. Meghan Walsh. “Is There More To Chest Pain Than Another Stress Test?”

Dr. Gautam Shroff participating as a cardiovascular panelist.

Patricia Culliton, MA, LAc, Director, Alternative Medicine Clinic, Hennepin Faculty Associates, was an invited speaker at a forum for the Center for Health Care Innovation and Policy at Northwestern Health Sciences University, entitled, Complementary and Integrative Health Care: A Value Proposition that was held in Bloomington, Minnesota on Tuesday, October 11, 2011.

Dr. Kay Schwebke presented, “Hepatitis C: New Treatment Strategies.” at the Minnesota Viral Hepatitis Symposium in Saint Paul, Minnesota on October 13, 2011. She also gave a Webinar presentation, titled, “Hepatitis C Virus: New Treatment Strategies, Challenges, and Opportunities” to the UnitedHealth Group Health Care Series on December 15, 2011.

Dr. David Hilden presented two workshops on October 24 - 25, 2011, at Brigham and Women's Hospital in Boston, Massachusetts, similar to one he presented there this past spring. This was the second in a series of workshops sponsored by Brigham and Women's Emergency Medicine Department program through the US State Department's, "Peace Through Health" grant program. It was entitled, "Delivering a public health message," and is aimed at promoting collaborative working relationships between traditionally adversarial populations, using health care as an area of common interest. Workshop participants are Palestinian, Israeli, and Native American public health care workers who travel to Boston to learn how to use old and new media to promote health to their vulnerable populations in areas where violence and animosity are the norm.

Dr. Ajay Israni and **Dr. Bertram Kasiske** were invited speakers at the Mayo Clinic Transplant Grand Rounds on October 24, 2011 in Rochester, Minnesota, presenting, “Monitoring of Transplant Center Outcomes.”

Dr. Ajay Israni was a guest speaker at the Robert Wood Johnson Foundation Physician Faculty Scholars Program, 2011 National Meeting, San Diego, California, on November 30, 2011. His presentation was titled, “Effect of Comorbidity Adjustment on CMS Criteria for Kidney Transplant Center Performance.” He also attended the Programma 22^e workshop Nefrologie Papendal 2011, at the Papendal Conference Center, in the Netherlands on December 7, 2011, where he presented, “Cardiac Assessment of Renal Transplant Recipients.”

ADMINISTRATIVE STAFF RECOGNITION

Congratulations to the following Department of Medicine Administrative Staff on recognition of their years of service at Hennepin County Medical Center:

Ms. Mary Schuefftan for four years of administration support in the Geriatric Medicine Division on October 1, 2011.



Ms. Joni Loomer for one year of administrative support in the General Internal Medicine Division on October 20, 2011.

Ms. Sandra Main for eleven years of administrative support in the Chief and Assistant Chief of Medicine Office on November 6, 2011.

THANK YOU!

As reported in the weekly HCMC CEO Update sent to all staff by Dr. Art Gonzalez, HCMC CEO, "Members of the Integration Steering Committee (ISC) began work last summer for HCMC and HFA. They spent countless hours learning about the two organizations, and developed a clear vision of what it would take to create one organization." **Dr. Megan Walsh** has been an integral part of the ISC, investing many hours to help make the integration process a smooth one. We just want to thank her in the *IM Newsletter* for all her dedicated time and sage wisdom in representing our Department in this strategic endeavor. **Thank you, Dr. Walsh; you are the best!**



Thank you to all faculty who chose to participate in this year's internal medicine intern recruitment interviews. We appreciate your hard work and value your opinion. Please feel free to stop by our match meeting **Friday afternoon, January 27, 2012, in the G5.328 Conference Room** to offer any comments you may have. You may also send these to me to share on your behalf if you are unable to make the meeting. I look forward to hearing from you!

Dr. Anne Pereira

MARK YOUR CALENDARS FOR THESE OTHER IMPORTANT DATES

The following dates are being held for the **Division Directors** and **Department Staff** meetings in 2012. Email notifications will be sent prior to meetings. Dates are subject to change.



Division Directors meet on the 3rd Monday of the month at 5:15 p.m. in the O5.131 Conference Room.

January 16	April 16	July 16	October 15
February 20	May 21	August 20	November 19
March 19	June 18	September 17	December 17

Department of Medicine Staff meet on the 4th Monday of the month at 12:00 p.m. in the RL110 Conference Room (lunch is served).

January 23	April 23	July 23	October 22
February 27	No May mtg.	August 27	November 26
March 26	June 25	September 24	No December mtg.

April 12, 2012, Dr. Sue Ravenscraft will be the 2012 Distinguished Resident Alumnus of the Year.

June 1, 2012, The Internal Medicine Resident Graduation Banquet. *Details to follow.*

September 2012 (date TBD), 24th Annual Alvin L. Schultz M.D. Visiting Professor, Dr. Judith Bowen, Associate Residency Program Director for Primary Care at the Oregon Health & Science University School of Medicine in Portland Oregon. *Details to follow.*

Fall of 2013, Plans are in the works! HCMC Department of Medicine Reunion commemorating the 25th Annual Alvin L. Schultz M.D. Visiting Professor in the Department of Medicine. *Details to follow.*

IM Newsletter is a quarterly publication from the HCMC Department of Medicine.

Please forward any inquiries, corrections, comments or items you have for our next issue to: sandra.main@hcmcd.org.