



Resident Assistance Program

RAP

A benefit for you and your immediate family members...

Short term counseling for help with:

- **Program-related stressors**
- **Relationship concerns**
- **Financial worries**
- **Mental Health / Chemical Use issues**
- **And more...**

RAP is **no cost** to you, **confidential**, and designed to be **flexible** to accommodate your busy schedule.

Services are provided by **counseling professionals** with **expertise in dealing with the unique demands** faced by medical residents and fellows, and their family members.

Whatever your concerns, a counselor is ready to help.

For additional information about RAP, Your Institutional Contacts Are:

GME Administration
University of Minnesota
612-626-3317

GME Administration
Henn Cty Medical Center
612-873-2357

GME Administration
Regions Hospital
651-254-1530



To Access **RAP** Services Directly:
Contact The Sand Creek Group
651-430-3383 or 1-800-632-7643
www.sandcreekeap.com

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