

About Hennepin County Medical Center

Hennepin County Medical Center was Minnesota's first verified Level I Trauma Center, the highest level of trauma care for children and adults. Repeatedly recognized as one of America's best hospitals by *U.S. News & World Report*, Hennepin County Medical Center offers a full spectrum of inpatient and outpatient services, including the Knapp Rehabilitation Center, Traumatic Brain Injury Center, Burn Center, Minnesota Regional Sleep Disorders Center, Comprehensive Cancer Center, and the Hennepin Heart Center.

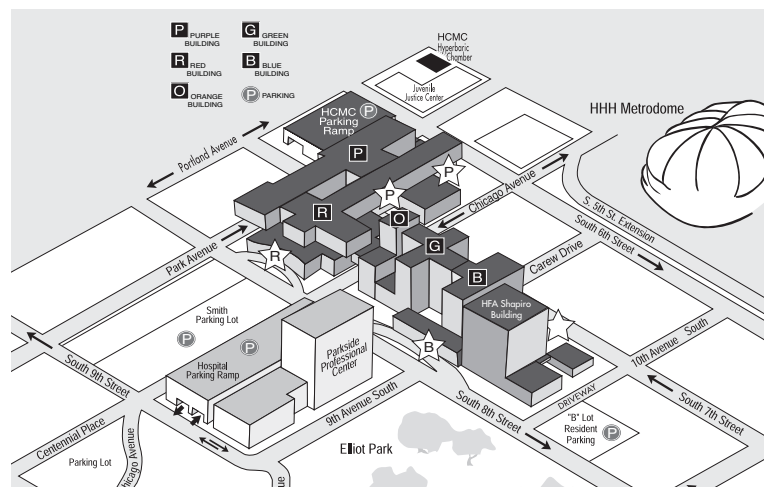
Warning Signs of Stroke

If you are having signs or symptoms of a stroke call "911".

Warning signs are:

- Sudden weakness or numbness of the face, arm or leg on one side of the body.
- Sudden dimness or loss of vision, particularly in one eye.
- Loss of speech, or trouble talking or understanding speech.
- Sudden, severe headaches with no apparent cause.
- Unexplained dizziness, unsteadiness or sudden falls, especially along with any of the previous symptoms.

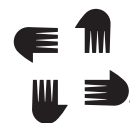
For recorded directions, call: (612) 873-9800



For more information on the Hennepin Stroke Center call:

**Stroke Center
Program Coordinator**
(612) 873-3284

www.hcmc.org/stroke



Hennepin County
Medical Center

Hennepin County Medical Center provides services without regard to race, color, creed, religion, age, sex, disability, marital status, sexual orientation, public assistance or national origin.

Hennepin Stroke Center



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Centered Around You

What is Stroke?

The Hennepin Stroke Center at Hennepin County Medical Center is an **Advanced Primary Stroke Center**, accredited by The Joint Commission, meaning we meet strict national criteria and specialize in stroke care. Our mission is to provide the expertise and highest quality of clinical services, which are supported by evidence-based medical knowledge that matches the specific needs of the individual patient with stroke.

A stroke is when a blood vessel that carries blood and oxygen to the brain is blocked by a clot or bursts.

When a clot blocks blood from flowing through blood vessels in the brain it is called an **ischemic stroke**. This is the most common type of stroke.

When a blood vessel breaks open and there is bleeding into the brain it is called a **hemorrhagic stroke**.

When the brain cells do not get the blood and oxygen they need they begin to die. Every minute of a stroke, millions of brain cells die. Stroke is an emergency, "Time is Brain".

Stroke is the third-leading cause of death in the U.S. and the leading cause of disability in adults.

What's makes the Hennepin Stroke Center successful?

We are a comprehensive, multi-disciplinary center developed to serve adults and children who have suffered a stroke. Our expertise spans the entire continuum of care from prevention to emergency care, interventional procedures, critical & acute care, rehabilitation and outpatient therapy.

- **We treat stroke fast! HCMC has one of the fastest treatment times in the U.S. for ischemic stroke** - We measure the time from when a patient arrives in our Emergency Department to the time the patient receives the "clot-busting" medication. Our average "door-to-needle" time is 49 minutes. National best-practice door-to-needle time is 60 minutes. Only 7% of the hospitals in the U.S. meet this standard.
- **24/7 access to stroke experts** with some of the most highly specialized training available in the U.S. Specialties with team members in-house or available 24/7 include neurology, vascular neurology, interventional neurology, neurosurgery and radiology.

- **A multidisciplinary approach to the treatment of stroke with state-of-the-art procedures**, such as aneurysm clipping or coiling, endovascular treatment of ischemic stroke, carotid and intracranial angioplasty and stent placement.
- **State-of-the-art Intensive Care Unit** with medical and nursing staff uniquely trained in stroke and a special neuro-critical care service.
- **Neurovascular Rapid Assessment Clinic** to provide same day or next day appointments for evaluation by stroke experts.
- **A full range of continuing acute care and inpatient and outpatient rehabilitative care** by physicians, nurses and therapists experienced in stroke care. The Miland E. Knapp Rehabilitation Center, is an on-site, acute rehabilitation center. Our length of stay and mortality index are among the best in the nation.
- **Research to help push the boundaries of stroke care**. Team members at Hennepin Stroke Center are involved in stroke research to advance knowledge and treatment options in stroke care.